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CALGARY • WEDNESDAY, MARCH 25, 2009 metronews.


**Celebrity Buzz**

**Pop star Rihanna linked to Valderrama**

pg 26

## Will Earth Hour help observatory?

**LIGHTS** As people turn off their lights all over the city for Earth Hour this Saturday, the U of C's Rothney Astrophysical Observatory will find out how it affects our planet.

They will be studying the change in sky glow and will demonstrate how light pollution reduces the ability to see stars.

RAO director Phil Langill says light pollution has become a serious problem for the observatory.

"The brighter the sky over the RAO becomes, the fewer of the faint interesting objects in the universe we will be able to study," he said. METRO CALGARY

**Local** pg 3

## EI claims on the rise

**Earth Hour**

**Before you turn your lights off this Saturday at 8:30 p.m. to mark Earth Hour, Metro has some environmental stories to get you thinking "green."**

• Metro Drive

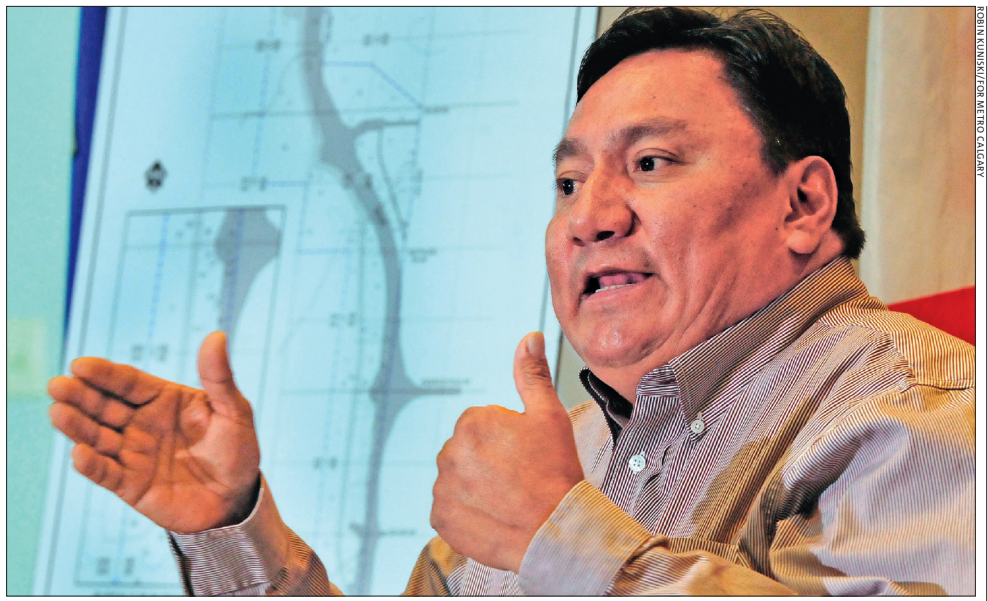
**Exploring the green side of the Magna,** **pg 19**

**Riding the Recession**

**Looking for ways to ride out the economic storm? Now through the end of March, Metro will share advice on how to navigate through the recession.**

• Canada

**Inside clothing swap parties,** **pg 6**



ROBIN KUNISKI/FOR METRO CALGARY

Tsuu T'ina First Nation Chief Sandford Big Plume announced a tentative SW ring road deal with the province. The deal, which will be voted on by band members June 30, will also need the federal government's approval.

# Tsuu T'ina to vote on ring road deal

## First Nation group holding referendum on June 30

SHAWN LOGAN
for Metro Calgary

**The fate of the only unresolved leg of Calgary's ring road will come down to a June 30 referendum by members of the Tsuu T'ina First Nation.**

Chief Sandford Big Plume confirmed that a tentative deal for the southwest portion of the ring road has been hammered out with the province, but warned that if nation members don't approve, it will never be built on Tsuu T'ina land.

"We will put it to rest — it's done," Big Plume said at a news conference yesterday "(The province) would have to look at a plan west of the nation."

Years of contentious negotiations have failed to find an answer to the final piece of Calgary's ring road, with both sides stalling over compensation and land rights.

While Big Plume refused to discuss specifics of the agreement that is being endorsed by the nation's leaders until it has been reviewed by residents of the reserve, he said the provision of land was more important than monetary compensation.

About half of the nation's 1,600 members will be eligible to vote in the referendum and Big Plume said meetings would be held until then to discuss the agreement.

Jerry Bellikka, a spokesman for Alberta Transportation, said the deal, once ratified, would still require a review by the federal government that could take up to a year, but he still expects to see the entire ring road completed by 2015.

He said the province believes the deal in place will move forward despite its fate hinging on the vote of Tsuu T'ina members.

"We're not looking at other alternatives, we're not looking at a Plan B right now," he said.

**Route plan**

• The southwest section of the ring road will stretch from Glenmore Trail to Highway 22X.

**VideoOnline**

Tsuu T'ina chief defends the slow process of negotiations at **metronews.ca/local**

# Calgary residents hurt by recession

JENNIFER HILLIKER
for Metro Calgary

**STATS** Calgarians have lost nearly 40 per cent more during the recession compared to any other city in Canada, according to a recent study.

Pitney Bowes Business Insight, a geodemographic data provider, says Calgary is the Canadian city hit hardest by the recession.

"We have the most money to lose," Calgarian Chris Atkinson said. "So when the stocks go down, so does Calgary."

To come to these conclusions, Pitney Bowes applied the percentage change in the Bank of Canada's S&P/TSX Composite Index between December 2007 and December 2008 to the average household values of equity holdings in Canadian cities, and found Calgary ranked number 1 with a loss of $29,607.

Toronto came in second, with a loss of $21,396.

"While no one remains untouched by today's turbulent economic conditions, companies across all industries need to be aware of the degree that their target customers and markets are being affected," said Thomas Exter, the chief demographer at Piney Bowes.

The study found Calgary is also the third richest city in Canada, only behind Vancouver and Toronto.

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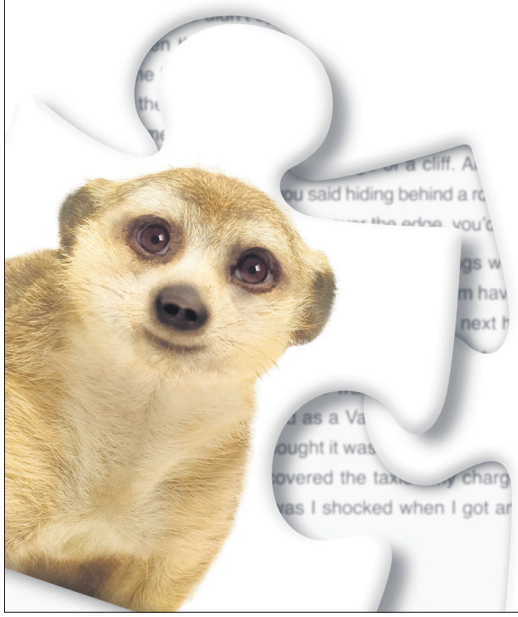

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**Okotoks**

181 - 31 Southridge Dr.
118 Elizabeth St.

**Strathmore**

8 - 55 Wheatland Trail
103 - 331 3rd Ave.

**Milijevic makes tearful apology**
A tearful Marko Milijevic apologized in court yesterday to friends and family of 17-year-old Matt McKay, who he killed when he swung a pickaxe at a garage party in September 2007. Milijevic said it was an accident. He was allegedly high on cocaine and drunk at the party. METRO CALGARY

# Local

## Elton to work with Alberta Ballet

Elton John has agreed to work with the Alberta Ballet and its artistic director Jean Grand-Maitre, it was announced yesterday. The British pop star said he was enthralled and inspired by a previous collaboration with Joni Mitchell. The ballet set to the music of Elton John will debut in Calgary on May 6, 2010.
METRO CALGARY

## Fraud bust leads cops to bigger finds

**INVESTIGATION** Inspectors were expecting to just find forged credit cards when they conducted a search of a home in the northwest.

What they discovered were 50 forged credit cards, a garbage can filled with marijuana stalks and stems and four firearms in a residence in the northwest community of Kincora, according to a police statement.

Admir Mulalic, 25, is charged with 27 offences.
METRO CALGARY


metronews.ca
What's online today.

**Video** The only Mountie to check vital signs of Robert Dziekanski had not been first-aid certified in five years, at **metronews.ca/canada**

**Blogs**
Hollywood Rants ponders the puzzling longevity of Nicolas Cage's career.

# Local EI claims keep soaring

SHAWN LOGAN
for Metro Calgary

**Doug Saunders hasn't had to look for work in 15 years, but he has joined a sharply spiking list of Alberta job seekers.**

New numbers released yesterday by Statistics Canada paint a grim picture for Alberta's once-unassailable job market as the number of Employment Insurance (EI) beneficiaries jumped 10.5 per cent between December 2008 and January.

Saunders, 41, showed up at the Canada-Alberta Service Centre at 6712 Fisher St. S.E. to file an EI claim after he was laid off as an industrial painter last Friday.

"We saw all the other companies around us going down, but we seemed safe and then one day there was just nothing on the go," he said.

"There's nothing really out there for me right now."

ROBIN KUNISKY/FOR METRO CALGARY

Calgarian Doug Saunders is one of a growing list of Albertans heading to the Fisher St. employment office. Statistics Canada released numbers indicating a sharp increase in Alberta employment insurance claims.

Jobless Albertans seeking an EI safety net have soared far higher than the national average.

Local numbers more than doubled the 4.4 per cent rise charted in January and marking a 46.1 per cent increase in claims since January 2008, far above the Canadian average of 21.3 per cent.

Responding to the soaring jobless rate, the federal government yesterday set aside $60 million to hire more staff to deal with the increasing number of claims and boosted the length of time for benefits by five weeks.

But for Saunders, who joins the ranks of the 23,340 Albertans who were receiving EI in January, the reality now is to cut back on luxuries and hope for the best.

Obviously we've got to tighten our belts, he said.

## Men sought in Samaritan attack

**CRIME** Police are still looking for two men who attacked a Good Samaritan and beat him unconscious on Friday.

The man stepped in to intervene when the suspects, who police say were possibly impaired by alcohol or drugs, were acting aggressively towards a male staff member at a downtown restaurant.

"It's absolutely outrageous to engage in that kind of physical attack on anyone," said Sgt. Frank Cattoni. "This is our primary investigation, our top priority. We need to find out who did this."

Cattoni said the victim sustained severe facial injuries but is in stable condition. Police released video surveillance yesterday. One suspect is Caucasian, in his mid-20s to early 30s, about five-foot-eight with a medium build and dark brown hair. The other is the same height and age with a small-to-medium build.
JENNIFER HILLIKER/
FOR METRO CALGARY

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**Refurbished station opens Friday**
The refurbished 6 Street SW LRT station opens for service this Friday, the city said yesterday. METRO CALGARY

# Cops and kids bonding

JENNIFER HILLIKER
for Metro Calgary

**Only three-quarters of the way through Grade 7, Krystina Lemieux already knows what she wants to do with her life.**

"I want to be a police officer when I grow up," she said confidently yesterday, just before going through an obstacle course that police recruits use to train. Along with 19 other children aged 11 to 16, Lemieux donned a police uniform and is completing a week-long junior police academy.

She won the opportunity after writing a 250-word essay expressing her desire to attend.

"I love the way police run and move very fast," she said. "It would be a great career."

Lemieux's friend Nikole Motley, 12, isn't sure she wants a career in policing, but even if she doesn't choose that path she said she now knows how to be an officer.

"It's a great experience," Motley said.

JENNIFER HILLIKER/FOR METRO CALGARY

**Twelve-year-old Nikole Motley and 13-year-old Krystina Lemieux are two of the 19 Junior Police Academy recruits for spring training this week.**

Sixteen-year-old Ryan Guss is now a little closer to fulfilling his dreams after being in the junior police academy.

"I have great respect for the Calgary Police Service," Guss said. "I can appreciate the core values. So far they have shown us some great exhibits and what they can do."

Const. Rob Patterson said the week-long event creates a definite bond between youth and police.

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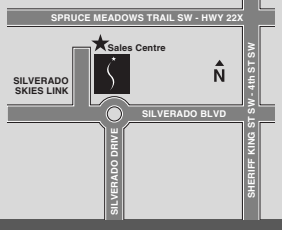


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BEAUTY *at the Bay*

**Galloway battle headed to court**

A Toronto lawyer said yesterday that she will file an application to review the decision to bar British MP George Galloway from entering Canada. Galloway was barred from Canada based on allegations he funded Hamas when he recently led an aid convoy into Gaza. Hamas is a banned terrorist group in Canada. TORSTAR NEWS SERVICE

# Canada

## Snowbirds to fly until 2020?

**Canadian pilots of the iconic Snowbird acrobatic air team could be put at unnecessary risk if the famed planes are pushed another 10 years beyond their lifespan, Defence Minister Peter MacKay has been warned. Documents obtained by The Toronto Star show senior defence officials have asked MacKay to approve a plan that would see the CT114 Tutor jets perform through to 2020.** TORSTAR NEWS SERVICE

## Flood of EI claims overwhelms staff

**LABOUR** Employment insurance claims jumped by almost 24,000 in January, a spike that has sent the Conservative government scrambling to hire more staff to handle the flood of claims.

"We are doing everything we can to process the increasing number of claims in as efficient and timely a manner as possible," Human Resources Minister Diane Finley told reporters yesterday.

Statistics Canada reported yesterday that 560,400 people were getting EI benefits in January, a jump of 104,000, or 22.8 per cent, since the most recent low recorded in February 2008. More than half of that increase occurred in Ontario, the federal agency reported.

TORSTAR NEWS SERVICE

## Most moms happy with their maternity experience: Survey

**HEALTH** The majority of Canadian women are happy with their experiences during pregnancy, childbirth and the early months of motherhood, even though most are not breastfeeding long enough and too many are being electronically monitored during labour, according to the first nationwide survey of new mothers.

"Most women have a positive experience in labour and birth. This is a credit to the women, their families and their health-care providers," Dr. Catherine McCourt, director of health surveillance and epidemiology with the Public Health Agency of Canada, said yesterday.

But the survey, which involved 45-minute interviews with 6,421 women, also found that a significant number are continuing with practices that are not recommended by medical experts. TORSTAR NEWS SERVICE

TARA WALTON /TORSTAR NEWS SERVICE

Rachel Khan, 36, of Toronto holds her newborn son Zak at a breastfeeding clinic. Zak was born on March 3.

# Friends and clothes

## Swishing parties all the rage in recession

Riding the **Recession**

ROBYN YOUNG
for Metro Canada

**If you find yourself invited to a swishing party, don't expect to be going home with anybody's husband.**

But you might just go home with someone's jeans.

The term swishing, coined in the U.K. in 2007 by Futerra, a sustainability communications agency, is used to describe clothes-swapping parties which are all the rage as the economic downturn wears on.

Technically, to "swish" means to rustle, as in silk.

But in this context, it means to rustle clothes from friends, says Lucy Shea, founder of Swishing.org and director at Futerra Sustainability Communications.

Michelle Balcers, a Toronto resident, says clothes-swapping fêtes are a great way to freshen up your wardrobe without opening your wallet.

**"We would have informal swaps in apartments and dorm rooms."**
Michelle Balcers

The 39-year-old is far ahead of her time on the trend: She said she's been hosting clothes-swapping events since her university days.

"We would have informal swaps in apartments and dorm rooms," she said.

These days Balcers is involved in hosting or attending at least two clothes-swaps per year and said they usually involve generous amounts of wine, some sort of potluck-food arrangement and, of course, bags full of clothes.

Leigh-Ann Ingram has attended many of Balcers' swapping parties and said swappers can really luck out sometimes.

She brought an almost new, designer coat to one event that just didn't fit her properly, but fit one of the swappers like a glove.

"She walked away feeling very pleased with herself," she said.

For details on how to organize your own swishing party visit www.swishing.org.

Local clothes-swap party events are posted on websites such as Facebook.

## Police probe cyber attack on Grits

**INVESTIGATION** Toronto police are investigating an alleged attempt by a Progressive Conservative to hack into the Ontario Liberal party's website.

Interim Tory Leader Bob Runciman said a PC staffer, who was initially suspended, has resigned after the alleged tampering was traced to two computers located in the Conservative offices in the north wing of the legislature.

"I'm absolutely not happy with this," Runciman, a former solicitor general, said last night.

**"I'm absolutely not happy with this."**
Bob Runciman, interim Tory leader

"We're co-operating fully with the police on this. There's no reason to keep this behind the curtain," he said, declining to name the former staffer as criminal charges could be laid.

TORSTAR NEWS SERVICE

## News in brief

**BUDGET** The federal government won approval yesterday afternoon to quickly start pumping $3 billion into Canada's economy after the Liberals dropped an earlier demand for advance details of how the money is to be spent.

**BUST** Eight people face charges after police broke up a major cross-border drug smuggling operation that used helicopters to fly B.C. bud and ecstasy to remote American landing pads and swap it for cocaine and cash.

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**Investors taking tougher stand on exec pay**
A Canadian campaign to give shareholders a say on how much top executives take home is gaining momentum. REUTERS

# Security of driver's licences questioned

## Groups want moratorium on high-tech cards

**Civil liberties groups concerned about privacy want a moratorium on enhanced driver's licences until the federal government debates their merit.**

Several provinces began issuing the high-tech identity cards as a cheaper alternative to passports. As of June, the U.S. Department of Homeland Security will require them to cross the border by land.

The licences have radio-frequency identification chips containing a unique number that allows border officials to access personal information such as birth date and citizenship.

> **"Enhanced driver's licences ... will create significant privacy concerns."**
> Roch Tassé, civil liberties activist

"Enhanced driver's licences will not make us safer from terrorism, they will not ease traffic flow at the border, but they will create significant privacy concerns related to flawed technology and dangerous information-sharing agreements with the U.S. and other governments," Roch Tassé, national co-ordinator of the International Civil Liberties Monitoring Group, told a news conference yesterday.

Driver's licences fall under provincial jurisdiction but since they were developed to address international security concerns they should be debated and studied by Parliament, Tassé said.

Manitoba, British Columbia, Ontario and Quebec are issuing the licences but Saskatchewan announced this week it will scrap its program.

TORSTAR NEWS SERVICE

## Vancouver **Protesting the seal hunt**

KIRSTEN THOMPSON/METRO CANADA

Karen Wolverton, owner of Lush Cosmetics, protests Canada's seal hunt outside the company's Robson Street store in Vancouver at noon yesterday. Covered head-to-toe in red paint, Wolverton was meant to represent one of 280,000 seals expected to be slaughtered in the hunt this year. The cosmetics company yesterday kicked off a campaign in partnership with the Sea Shepherd Conservation Society to protest the hunt and raise money for the environmental organization's fight to protect baby harp seals.

## Listeria testing delayed: Memo

**FOOD** Canada's food-safety watchdog has quietly delayed a crucial element of its new listeria-monitoring program, according to an internal memo obtained by the Toronto Star and the CBC.

Inspectors for the Canadian Food Inspection Agency started testing in food plants in February, looking for traces of the deadly bacteria in poultry and ready-to-eat meats.

But the testing has been put on hold until next month after some inconsistencies were found in the initial tests, and because the inspectors have yet to receive training.

> **"We've identified some training gaps (among inspectors)."**
> Paul Mayers, CFIA associate VP

"We identified some training gaps," Paul Mayers, the CFIA's associate vice-president for programs, said yesterday, adding that meat-plant operators had raised concerns about a lack of consistency in the way inspectors were conducting the tests.

Bob Kingston, head of the agriculture union that represents CFIA inspectors, said some inspectors will be trained shortly.

TORSTAR NEWS SERVICE

## News in brief

**TASERING** Robert Dziekanski might be alive today had he not picked up a stapler while facing four Mounties in a standoff at Vancouver International Airport, the supervising RCMP officer yesterday told a public inquiry into his death. "There's no reason he should have picked up that stapler," Cpl. Benjamin (Monty) Robinson said. TORSTAR NEWS SERVICE

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**Woman cuffs herself to sleeping husband**

An American woman handcuffed herself to her sleeping husband in an apparent attempt to resolve an argument, but police ended up breaking into their home and charging her with assault and other crimes, authorities said yesterday. REUTERS

# World

## Soy linked to reduced cancer: Study

**Asian-American women who ate a lot of soy as children had a 58 per cent reduced risk of developing breast cancer, U.S. researchers said on Monday in a finding that suggests soy may have a protective effect. Historically, breast cancer rates among white women in the United States are four to seven times higher than in women in China or Japan, Regina Ziegler of the National Cancer Institute said in a statement.** REUTERS

## Italian man denies filming sex acts

**SEX** An Italian man denied yesterday accusations that he filmed secret sex videos used in the attempted blackmail of the heiress to the BMW car empire.

Ernano Barretta said one million euros found in his country home in Italy were his "life savings" and not part of the money that German heiress Susanne Klatten paid to former banker Helg Sgarbi after Sgarbi seduced her. Klatten gave Sgarbi 7 million euros, believing he needed the money to avoid jail for paralysing a child in a traffic accident. REUTERS

## Australia **Monkey business**

DANIEL MUNOZ/REUTERS

Elke, a five-day-old Francois Langur, makes her media debut at Taronga Zoo's Wildlife Hospital in Sydney yesterday. Keepers will raise the monkey after she was rejected by her mother.

# Obama takes strategy to U.S. public

**U.S. President Barack Obama said yesterday his administration was confronting the economic crisis on all fronts and seeing signs of progress as he sought to reassure recession-weary Americans about his recovery strategy.**

"We will recover from this recession. But it will take time, it will take patience," he said in the opening statement of his second prime-time White House news conference since he he took office on Jan. 20.

Knocked off stride by public anger over hefty corporate bonuses and facing skepticism about his massive budget plan, Obama moved to regain his political footing and refocus attention on his broader economic agenda.

He made his case to the American people the same day he pressed for co-ordinated action among the world's major economies, and just a day after unveiling a trillion-dollar plan to soak up toxic bank assets at the root of the global financial meltdown.

Obama took the podium after U.S. stocks slid while investors paused to reassess the government's latest effort to clean up bank balance sheets. Brushing aside any doubts, Obama said, "We've put in place a comprehensive strategy designed to attack this crisis on all fronts. REUTERS

### Push for power

- Obama said that he believes there will be broad support among the public and Congress for his proposal to give the U.S. Treasury the authority to wind down large failing financial firms, such as American International Group.

## Requests for asylum climbing

**REFUGEES** An estimated 383,000 asylum seekers lodged applications to stay in the West in 2008, a 12 per cent rise on 2007 as more Somalis and Afghans fled fighting in their homelands, the United Nations said yesterday.

Refugees from Iraq and elsewhere are now seeking permanent shelter in a wider variety of destinations, possibly because traditional countries of asylum such as Sweden have adopted stricter policies, according to the UN High Commissioner for Refugees.

### Canada sees rise

- Canada saw a dramatic 30 per cent rise, mainly linked to higher numbers of Mexican and Haitian asylum-seekers, becoming the second most popular destination with 36,900 requests, according to the UNHCR.

Nearly 40,500 Iraqis sought asylum abroad in 2008, keeping them at the top of the list for a third straight year, the UNHCR said in a new report. REUTERS

## Netanyahu forges partnership

**ISRAEL** Prime Minister-designate Benjamin Netanyahu enlisted Ehud Barak's Labour party yesterday into a political partnership that could help Israel's next government avoid friction with Washington on Middle East peace.

Under the coalition deal with Barak, an administration led by Netanyahu's right-wing Likud would respect all of Israel's international agreements, a Labour party negotiator said, a formula that includes accords envisaging Palestinian statehood.

"I am not afraid of Bibi Netanyahu," Barak, using his new partner's nickname, told Labour's Central Committee, which voted to ratify the pact after a stormy debate. REUTERS

*What you need to know about*

**registering for your Alberta Health Care Insurance Plan as a new Albertan**

**New arrivals to Alberta can register for the Alberta Health Care Insurance Plan at one of 20 registry locations throughout the province.**

Beginning April 1, Albertans registering or making updates to their registration information can do so at participating Alberta registry agents. These agents do not have access to personal health information and provide registration services free of charge.

Premiums for the Plan were eliminated on January 1, saving Albertans and Alberta businesses $1 billion, or $1,056 per year for the average family, but registration is still required in order to receive coverage.

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**Registries Plus Inc.**
20 - 150, 52 Street NE
403-272-5513

**Registry@South Trail Crossing Ltd.**
66 - 4307, 130 Avenue SE
403-246-4646

*Service at AMA locations requires AMA membership.

The list of locations providing these services throughout Alberta is available on-line at **health.alberta.ca/health-care-insurance-plan.html**. The list will be updated when more registry locations become available.

Alberta Health Care Insurance Plan forms can also be obtained at these registries or on-line at **health.alberta.ca/health-care-insurance-plan.html** and can be submitted at any registry office or by mail. For inquiries or information updates, please call **780-427-1432** or call toll-free by dialing **310-0000**, then **780-427-1432**.

Alberta *A Healthy Approach*

**Evidence supports Spector, says lawyer**
Forensic evidence in Phil Spector's murder retrial proves he is not guilty of the shooting death of an actress six years ago, his lawyer told the jury yesterday. REUTERS

# Image issues divide women, poll finds

**Smart or thin? Rich or ugly? Women still have a complex and contradictory relationship with their own image according to a poll released yesterday that found 25 per cent of those questioned would rather win the America's Next Top Model TV show than the Nobel Peace Prize.**

And although 75 per cent of women surveyed said they'd be willing to shave their heads to save the life of a stranger, more than a quarter of those taking part admitted they would make their best friend fat for life, if it meant they could be thin.

As for that age-old dilemma of whether to marry for wealth or looks, half of the 18- to 24-year-olds questioned said they would marry an ugly man if he were a multimillionaire.

The poll for U.S. television network Oxygen, which is targeted at young women, also found that 88 per cent of 18- to 34-year-old women would happily give up their cellphone, jewelry and makeup to keep a friendship.

"This survey proves an interesting dissection of today's woman and how she relates her personal image with what she values in her life," said Dr. Jenn Berman, psychotherapist and judge of the upcoming new Oxygen series Pretty Wicked.

"As shown in several results, women today are a complex combination of altruistic and materialistic, vain and insecure, loyal and self-serving. This survey highlights the dichotomy in all of us," Berman said.

More than 2,000 women aged 18-34 were interviewed for the poll. REUTERS

## U.S. to bolster Mexican border

**DRUGS** With Mexico gripped by rampant drug violence, the United States announced yesterday steps to crack down on smuggling of narcotics, guns and money by gangs that threaten security on both sides of the border.

The strategy aims to fight the growing power and violence of Mexican cartels, which ship billions of dollars worth of drugs into the United States and bring back weapons and cash.

There will be an increase in the number of agents from the U.S. departments of Justice, Treasury and Homeland Security working on border security.

The plan foresees adding 100 more agents to inspect southbound traffic, aiming for 100 per cent inspections of rail lines into Mexico and adding new X-ray and other equipment at border stations.

More than 6,000 people died in drug-related killings in Mexico last year which spread fear in a large area of the country and raised U.S. concerns over the stability of Mexican President Felipe Calderon's government. REUTERS

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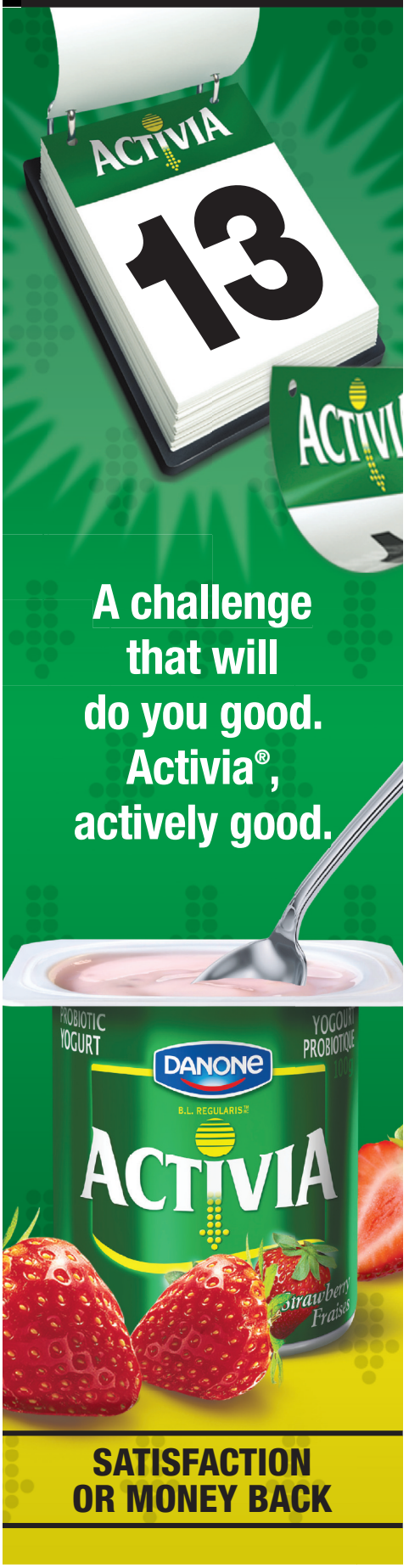

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# Comment & Views

Comment

## That's democracy, Jack

### Tories implementing new rules that favour incumbents

TheWestView

The federal Tories — and to a lesser degree the Liberals — are having a little trouble with the idea of democracy.

I don't blame them. No one has ever come up with the perfect democracy. Our first-past-the-post system is kind of a blunt instrument. It doesn't matter if your candidate gets a pile of votes … unless they come first, they're not elected.

There's a growing movement for proportional representation, in which a certain percentage of the vote yields a number of elected candidates, which works fine unless the Wing Nut Party gets 20 per cent of the vote, and you end up with 20 MPs with red noses and big shoes.

Nowhere is democracy more scary and raw than at the constituency level. Want your candidate to get nominated? All you have to do is go around and sign up members, and if you can get enough of them to the nomination meeting, and they vote for your candidate, voila, your candidate is representing the Tories, the Liberals, the NDP, the Greens, etc.

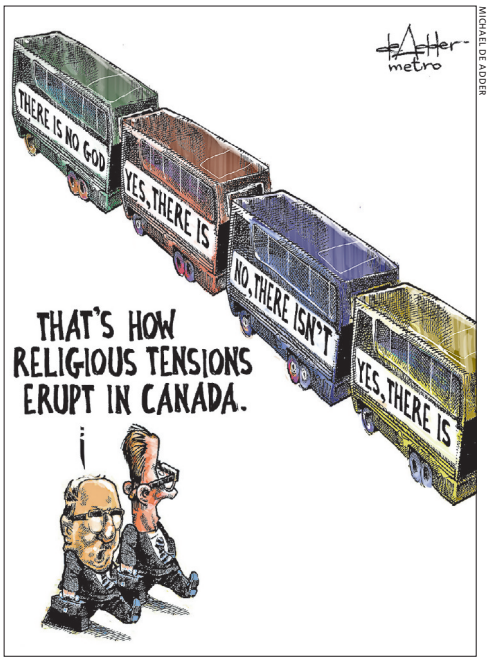
Grassroots democracy. It's a thing of beauty. Of course, beauty is in the eye of the beholder. And the process is so open and free that upsets happen. Not only that, the system is open to abuse and manipulation. We've all heard stories of one-issue candidates busing in the faithful, packing meetings, and overwhelming the incumbent with a show of force. Too bad — that's democracy, Jack.

Well, the Tories are going to put a cork in democracy by implementing new rules that favour incumbents. If you are one of the 143 who managed to get elected last time, you'll be sitting pretty; you will be acclaimed as your riding's candidate unless two-thirds of the members want an open nomination.

Granted, the party will send the reforms to a vote, and anyone who was a Tory member as of March 10 will be eligible. But it's the principle of the thing … accountability is a cornerstone of democracy, and if MPs aren't accountable to members of their own riding associations, the people who recruited and nominated them in the first place, they will end up being more accountable to the Boss, the Right Honourable Stephen Joseph Harper, as if he doesn't already have enough power over his merry band.

The Tories aren't the only ones offering their MPs a measure of protection. If Michael Ignatieff's 77 Liberals want to be protected from nomination battles they will have to meet membership and donations standards that should be pretty easy to hit: 400 members and 40 "Victory Fund" donors who give $10 a month. The NDP is the last bastion of free and open nomination battles among the Big Three: No protection — period — for its no doubt uneasy 37 MPs.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.




MICHAEL DE ADDER

## Word on the street: Do you think the federal government's proposal to phase out incandescent light bulbs and promote CFL bulbs is actually a bright idea?

**Carman Fox**
age 26, Calgary

A: It's green, but I don't think it should be a high priority right now.

**Rox Graskie**
age 40, Calgary

A: Maybe we should have six of one and 12 of the other. Either way it should be a person's choice.

**Anna Labetski**
age 18, Toronto

A: It's about time. I think it's a good idea, but it's really behind. It's trying to send a message, but Europe did this a long time ago.

**Sam Gillmore**
age 18, Ottawa

A: I think it's up to people on their own. It won't make that much of a difference if it's just here and there.

**Katee Taylor**
age 20, Antigonish, N.S.

A: Yes, I do because I believe it will actually force people to take that extra step, which isn't really that hard of a step to take.

**Ivan Stefanovic**
age 30, Edmonton

A: If they are brighter and last longer, why not?

## Letters

**Questioning truthfulness of C-Train operations**

First of all, I'd like to say I completely agree with the idea that it is the rider's responsibility and nobody else's to get onto the train before it's too late. It's nobody's fault but your own if you can't hurry.

However, I don't quite buy that operators have "no control" over the doors.

It's just not true.

I've been in several situations where I have to run to the train and the lights on the doors indicate that I'm too late. The driver waves at me and sets the doors to open again for me with a smile. Clearly, the train operator had control of that.

As far as I'm concerned, perhaps operators have "no control" with some of the train models, but to state that none of the trains have that capability is nonsense.

CHRISTOPHER CHAN, CALGARY

**Taste the slow-food movement for yourself**

*Re: Mark Trealout (Slow-food movement just tastes better, March 5)*

It's true, slow food does taste better. Mark Trealout was correct when he said "the average urbanite has no idea how to raise a pig, harvest wheat, or store the summer's bounty for winter use."

While a lot of people understand the movement conceptually, we in the restaurant industry and local leaders need to give people good guidance on how to become fully involved.

The first step is definitely the Internet. Through a few basic searches, readers will find suppliers, retailers and restaurants that have embraced the cause throughout Canada.

However, a true understanding for the purpose of the slow-food movement can only be developed by tasting the end product. Anyone with the slightest interest can easily make a reservation at a restaurant that participates in producing high-quality slow food from local communities to see and learn what we're all about.

There's no tastier and more fulfilling place to start.

MICHAEL SANGREGORIO, TORONTO

It's your turn to tell others what you think. Email your thoughts and opinions to: calgaryletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

**Berlusconi asks Italy to work harder**
Italian Prime Minister Silvio Berlusconi said yesterday Italy was well placed to emerge from the global economic downturn but he urged his countrymen to work harder. REUTERS

# Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

# Consumer bankruptcies up

## Individual filings rise, but business claims drop: Stats

**In yet another sign that the recession is bearing down, the number of Canadian consumers filing for bankruptcy rose sharply in January.**

At the same time, the number of businesses across the country filing for bankruptcy fell slightly when compared to January 2008, according to figures released yesterday by the Office of the Superintendent of Bankruptcy Canada.

There were 8,392 bankruptcies in January, up 19 per cent when compared to January 2008.

Of those, 7,944 were filed by consumers, almost 22 per cent more than a year earlier.

Overall, businesses filed 448 bankruptcies, nearly 15 per cent fewer than a year ago.

The decline seems to reflect that this recession was not caused by higher interest rates, and corporations and businesses were mostly in good shape just prior to it setting in, said Doug Porter, deputy chief economist at BMO Capital Markets.

TORSTAR NEWS SERVICE

### Employment Insurance

- The number of people receiving Employment Insurance benefits rose to 560,400 in January, up 4.4 per cent from December, according to Statistics Canada.

## Oil firms target shareholder law

TAKEOVER Suncor Energy Inc. and Petro-Canada have agreed in their takeover accord to try to get the government to repeal a federal law that limits how big a stake in Petro-Canada a shareholder can own.

Meantime, the companies have agreed that the Petro-Canada Act, which limits individual shareholdings to 20 per cent, would apply to the combined company after Suncor completes its takeover of Petro-Canada.

The legislation is widely thought to have limited rises in Petro-Canada's stock, and the same handicap could now apply to the merged company unless it is removed. REUTERS

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**Robinho threatens Pele with legal action**

Brazil soccer star Robinho threatened Pele with legal action yesterday over the soccer legend's suggestion that he had a drug problem. The Manchester City forward is angry at Pele's comments last week to a Brazilian radio station that Robinho and Ronaldo had both had substance abuse issues. METRO NEWS SERVICES

# Sports

## Clijsters to ask for wild card?

Sources say former world No. 1 tennis player Kim Clijsters has asked the U.S. Open about receiving a wild card for this year's tournament as part of her comeback plans. The 25-year-old Belgian says she will announce her 2009 plans at a news conference tomorrow. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

# Canucks stay three back

**NHL RESULT**

**Canucks 5 Stars 2**

**Moments after taking a stick in the mouth, Daniel Sedin scored the go-ahead goal as the Vancouver Canucks beat the fading Dallas Stars 5-2 last night.**

Daniel's brother Henrik and Ryan Kesler each had two goals, as Vancouver's hot streak extended to a 17-4-1 record over its last 22 games, surging them into a tie for fourth in the Western Conference with Chicago at 87 points. Vancouver sits three points back of Calgary in the Northwest division. Dallas lost its fourth-straight game and has now slipped four points behind Nashville and Anaheim for the final playoff spot in the West. Brendan Morrison and James Neal scored for the Stars.

METRO NEWS SERVICES

JESSICA RINALDI/REUTERS

Marty Turco lays on the ice as Canucks Alexander Edler, and Mats Sundin congratulate Ryan Kesler on his first period goal last night.

# Bosh says he will take responsibility

**NBA** Amid unproven allegations he has denied a former girlfriend financial support for a months-old daughter the woman says he fathered, Chris Bosh came out in defence of his character and vowed to handle his parental duties.

The Toronto Raptors all-star forward, who turned 25 yesterday, refused comments on the specifics of a lawsuit filed by a former lover, but said he would honour any commitments.

"All I can say is that I'm going to take care of my responsibilities like I've been doing in the past and in the future and keep respecting everyone," Bosh told a throng of reporters yesterday.

"I love my daughter, I love myself and I respect her mother and I'll leave it at that."

In court papers filed in her native Maryland, Allison Mathis has accused Bosh of abandoning her and her unborn child when she was seventh months pregnant and denying her financial support, even when she became ill late in the pregnancy. The suit, which has not been proven in court, asks for unspecified child support and sole custody of Trinity Meyers Mathis, now just over four months old.

"I hope everybody respects my wishes to keep it quiet," Bosh said.

The scandal is the by far the most serious hit to a squeaky-clean image Bosh has built in six seasons with the Raptors. The team's leading scorer and rebounder — and a four-time NBA all-star — has built a reputation as a solid citizen thanks to the work of his Chris Bosh Foundation with disadvantaged youth in Toronto. He said he's unconcerned about any damage to his legacy.

Bosh

"It's not a disappointment," he told a throng of reporters. "I know how things are, so if I can live with myself, that's all I want. I know what I've done and you know, it's all good things. Contrary to what some people say, I know that I have a positive outlook on everything, I respect everyone and things have always been good for me. People closest to me don't call it into question."

TORSTAR NEWS SERVICE

# Mixed martial arts latest stop for Glenn Kulka

STEPHEN JOHNSON
for Metro Canada

Glenn Kulka has succeeded in junior hockey, professional football and pro wrestling. Now at the age of forty-five, he is attempting to add mixed martial arts fighting to his résumé.

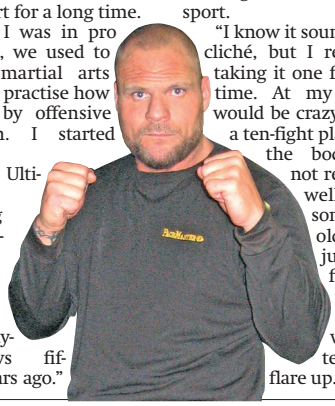
Many sports fans will recognize Kulka's name from his days as a defensive lineman in the Canadian Football League. He played for a number of CFL teams including the Toronto Argonauts and Saskatchewan Roughriders from 1986 to 1995. After retiring from football, he enjoyed a brief stint in the WWE as a professional wrestler. His wrestling career ended in 2000.

Kulka's turn to MMA fighter began innocently enough. "I knew a few of the guys involved in the sport and interviewed them for The Score television network. I wanted to get back into shape and started working out with some of the MMA guys.

"Also, I guess I just like to punch people."

While training in mixed martial arts was new to Kulka, he had been a fan of the sport for a long time.

"When I was in pro football, we used to watch martial arts tapes to practise how to get by offensive lineman. I started watching the Ultimate Fighting Championship when they held their pay-per-views fifteen years ago."



Kulka's mixed martial arts training would eventually lead to his first professional fight last July.

He handily defeated his opponent by TKO after just one minute and thirteen seconds.

As a person in his mid-forties, he is realistic about his long-term future in the sport.

"I know it sounds like a cliché, but I really am taking it one fight at a time. At my age, it would be crazy to have a ten-fight plan. I find the body does not recover as well and some of my old injuries from football and pro wrestling tend to flare up."

He feels fighting as a heavyweight has helped him in the sport. "If I was fighting as a middleweight, guys like Georges St. Pierre would beat me handily. I find many of the guys in the heavyweight division are mainly good at taking a punch."

Even though Kulka is one of the older participants in mixed martial arts fighting, his training regime could rival any fighter.

"I train six days a week. Twice per week, I focus on punching and striking. The other days I work on grappling and submissions.

"I find the motivation to train as a professional athlete whether that is football or hockey is transferable to any sport."

Kulka faces Bob Landry this Saturday in Gatineau, Que.

## Sports in brief

**CFL** Edmonton Eskimos linebacker/defensive back Shannon Garrett announced his retirement yesterday. Garrett's retirement come a year after he recorded a career-high 64 tackles and five sacks in 2007. Last season, his 14th in the CFL and ninth with the Eskimos, Garrett logged 45 tackles, one sack and a 25-yard fumble return for a touchdown.

**NBA** The Denver Nuggets' Linas Kleiza was fined $25,000 by the NBA yesterday for verbally abusing officials after a win over the Washington Wizards Friday.

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# Metro Pros

## WHAT IS A PROFESSIONAL?

**WEBSTER'S DEFINES A PROFESSIONAL** as one who is "engaged in one of the learned professions".

At Metro, we feel that it goes beyond that. We feel that to be a true professional or a "Metro Pro", one must display certain characteristics. We feel that one must exhibit a courteous, conscientious and generally businesslike manner in addition to being an expert in their given field.

Look inside to see some of Alberta's experts or "Metro Pros" in a variety of different fields.

metro

Do it daily.

# Styling & Product Tips from the Pros at Chatters Salon

## Styling Tips:

**Thermal protectant sprays:**
To prevent dryness from blow dryers, curling irons and flat irons, use a thermal protectant spray. The best method of application is to section hair, then spray, versus spraying the entire head and then styling. Spraying sections ensures you get a much better, more even application and coverage. Some top sellers are CHI Iron guard, L'anza Straight Line, Redken Fabricate, and Matrix Gold Heat.

**Blow drying:**
Here's a great tip to achieve volume when blow drying. Apply your styling product to wet hair, then finger dry to about 75 percent dryness. Then use a round brush to continue styling. Examples of some styling products to use include serums, which help eliminate frizz, but add shine. Or, a light gel, which helps set your style and add control.

Two customer favourites include: Chi infrared serum (silver bottle) and Bed Head Superstar blow dry lotion (purple bottle).

**Fine hair styling secrets:**
Did you know there's a big difference between mousse and a foam? Mousse products are great for volume and styling for medium to thick hair, but too heavy for fine hair.

To add body to fine hair, choose foam or root lifter instead. Both are designed for wet hair application and will work wonders to transform fine, limp, flat hair into a style with great body. Examples of customer favourites include Redken Carbo bodifier, L'anza root effects, AG Foam, and Big Sexy Hair root pump plus.

**Did you know?**
After blow drying, switching your dryer to cool or cold and style for a few moments will help "set" your hair.

**Backcombing:**
Section hair and count the backcomb strokes to ensure consistency with each hair section. Spray hair in between each section to promote hold.

**Tools:**
Hair tools are very important. Different sizes of brushes create different levels of volume, smoothness and movement. The larger the brush the less volume. The smaller the brush the more volume you can create with your style.

## Favorite Stylist Products:

**Sebastian Shaper Plus hairspray:** it's touchable and so easy to work with.

**ISO bouncy crème:** this product is amazing to help keep curl and the finished effect is not crunchy.

**Chi Silk Infusion:** This is a great serum to create smooth hair and shine. It also moisturizes and tames hair with a bit of hold as well.

**Goldilocks:** this is a great backcombing tool that makes it easy for you to create volumous styles at home.

**Pink Mat:** great travel accessory that grips your curling iron or flat iron and protects surfaces from heat.

*Thank you to Colin, Ashleigh, Jamie and Mandy for your professional advice. For more styling tips or product recommendations, visit your nearest Chatters Salon.*

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It's about compensation for those victims who received a tainted blood transfusion anytime before September 28, 1998 in Canada. We must prove three things in order to qualify for compensation:

1. that you have HCV;
2. that you received a transfusion of blood or blood products sometime in your past before September 28, 1998, anywhere in Canada;
3. that your HCV infection came from that transfusion and not from any other HCV risk activity, such as I.V. drug use, tattooing or unsafe sex with a HCV carrier not already covered by any HCV Compensation Plan.

Proving these things can be very difficult.

## DEADLINE

The deadline to apply for HCV compensation is June 30, 2010. You must act now. After that date, you may be forever barred from seeking compensation for your HCV injuries.

## PROVING YOUR CLAIM

HCV does not show up on ordinary blood tests, only specialized tests that must be asked for can determine if you have HCV.

Once we prove that you have the virus, we must then prove the severity of the infection. The compensation plans award different amounts depending on the severity of infection. Only a HCV specialist can determine what level of infection you have and as there are very few specialists, waiting lists can take up to 1 year in some provinces.

Proving that you even received a transfusion can be difficult and in some cases impossible. Some hospitals do not keep records going back more than 10 years. Even when records can be found, very often they don't record that a transfusion was given.

Some HCV Plans will still exclude claimants even if they can prove they have HCV and that their blood donor was HCV positive, if the claimant has other HCV risk factors too.

After 10 years of successfully doing HCV compensation claims, we know how to resolve these problems. It is our job to work through whatever problems arise in your claim to ensure as best we can that your claim will be successful.

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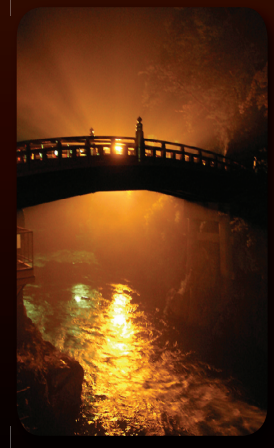

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Dr. Christine P. Oriel graduated from the University of Manitoba in 2000. In April of this year, Dr. Oriel will be celebrating the fourth year anniversary of her dental practice at the Chinook Professional Building located at the Chinook Centre Mall. Originally opened with only two chairs, her practice has grown to 5 chairs to meet the needs of her growing patient base. Dr. Oriel would like to thank all of her patients for their continued support and her staff for their hard work and dedication to patient care.

**Location -** Chinook Professional Building *(located inside Chinook Centre Mall)*

**Clinic Hours - OPEN Evenings and Saturdays**

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Tuesdays, Fridays and Saturdays 9:00 a.m. to 5:00 p.m.

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# Adoption
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MEOW offers a unique 30 day Foster-to-Adopt period. We recognize that introducing a new pet family member can be challenging. Our Adoption Coordinators are available to counsel you through the initial introductions to all the family members in the home and if a particular cat does not fit your family, MEOW will take the cat back and work with you to find a better match.

Whether you are considering adopting a cat or kitten, when you adopt from MEOW, you are saving two lives: the life of the cat you adopt and the life of another cat waiting on the street to be rescued.

MEOW is a no-kill Foundation operating in Calgary and area. Our adoption fees include the spay or neuter, vaccines including rabies and a microchip for permanent identification. For more information on adoption, please go to **www.meowfoundation.com** or call **403.230.6033**.

**MEOW's business is saving lives. Adopt a Cat. Save a Life.**

**Appeals court upholds verdict against Pistons' Iverson**
Allen Iverson must pay $260,000 US for standing by and watching his bodyguard beat up another man in a 2005 bar fight, a U.S. appeals court ruled yesterday. Marlin Godfrey accused the bodyguard of assaulting him because he refused to vacate the VIP area at a D.C. nightclub to make way for Iverson and his entourage. METRO NEWS SERVICES

## AC Milan coming to America

**SOCCER** AC Milan will play Inter Milan in a Massachusetts friendly on July 26 in what the clubs said would be their first derby in the U.S. since 1969.

"After 40 years there will be another derby in the United States," AC Milan director Umberto Gandini said at a news conference giving details of a six-city round robin tournament also featuring Chelsea and Club America of Mexico.

Chelsea will also play a match against the Seattle Sounders, the newest addition to Major League Soccer, while AC Milan have a match against Los Angeles Galaxy as part of an agreement to extend David Beckham's loan to the end of the Serie A season.

REUTERS

## SCOREBOARD

### NHL

WESTERN CONFERENCE

| | W | L | OT | P |
|---|---|---|---|---|
| y-San Jose | 48 | 14 | 10 | 106 |
| x-Detroit | 48 | 16 | 9 | 105 |
| d-**CALGARY** | 42 | 24 | 6 | 90 |
| Chicago | 38 | 22 | 11 | 87 |
| Vancouver | 39 | 24 | 9 | 87 |
| Columbus | 38 | 28 | 7 | 83 |
| Edmonton | 35 | 28 | 9 | 79 |
| Anaheim | 36 | 31 | 6 | 78 |
| Nashville | 35 | 30 | 8 | 77 |
| Minnesota | 34 | 31 | 8 | 76 |
| St. Louis | 33 | 30 | 9 | 75 |
| Dallas | 33 | 32 | 8 | 74 |
| Los Angeles | 30 | 33 | 10 | 70 |
| Phoenix | 30 | 36 | 7 | 67 |
| Colorado | 31 | 40 | 2 | 64 |

x-clinched playoff berth
y-clinched division
d-division leader

YESTERDAY'S RESULTS
Montreal 6 Atlanta 3
Toronto 3 Washington 2 (SO)
Vancouver 5 Dallas 2
Anaheim 2 Nashville 1 (SO)
N.Y. Rangers 2 Minnesota 1
St. Louis 2 Los Angeles 0
Tampa Bay 2 Columbus 1 (OT)
Detroit 3 Edmonton 2

TONIGHT'S GAMES
**CALGARY** at Pittsburgh
Florida at Buffalo
Ottawa at Carolina
Minnesota at N.Y. Islanders
San Jose at Chicago
Anaheim at Colorado

### WHL

PLAYOFFS – CALGARY VS. EDMONTON
(CALGARY LEADS SERIES 3-0)
TONIGHT'S GAME
Calgary at Edmonton

### NBA

YESTERDAY'S RESULTS
Detroit at Chicago
L.A. Lakers at Oklahoma City
Golden State at San Antonio
Houston at Utah

TONIGHT'S GAMES
Miami at Indiana
Milwaukee at Toronto
San Antonio at Atlanta
Charlotte at Washington
New Jersey at Cleveland
Minnesota at Philadelphia
L.A. Clippers at New York
Boston at Orlando
Denver at New Orleans
Golden State at Dallas
Utah at Phoenix

### NCAA

MEN'S BASKETBALL TOURNAMENT

TOMORROW'S GAMES
EAST REGIONALS
Pittsburgh vs. Xavier
Duke vs. Villanova
WEST REGIONALS
Connecticut vs. Purdue
Missouri vs. Memphis

FRIDAY'S GAMES
SOUTH REGIONALS
North Carolina vs. Gonzaga
Oklahoma vs. Syracuse
MIDWEST REGIONALS
Louisville vs. Arizona
Michigan State vs. Kansas

For more sports coverage visit: metronews.ca

# Morace's goals within reach for women

DUANE ROLLINS
for Metro Canada

**When Carolina Morace took over the head coaching position of the Canadian women's soccer team, she knew she saw a lot of promise.**

"It's a challenge," she said. "That's why I took the job — for the challenge."

Morace was in Toronto yesterday to promote her home coaching debut, which will take place May 25 against Japan at BMO Field. She said that it's her goal to make the women the "No. 1 team" for Canadians. The game should sell itself, she suggested.

"I started following soccer by watching TV and I enjoyed the movement of the game," she said.

"People love players like Cristiano Ronaldo or (Lionel) Messi. They are attracted to them because they are technical players. They are creative. I think we can teach some of that movement, but we need people (in Canada) to love the game."

According to Morace, Canada started to play that kind of technical game at the recent Cyprus Cup, where it finished with the silver medal, losing 3-1 to England in the final.

"The girls are already playing the new way," Morace said through an interpreter. "There are no more long balls. The ball is at their feet."

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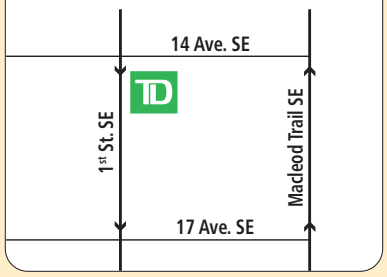


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# Metro Drive

## Toyota tops

**Toyota took five segment awards, more than any other nameplate in 2009, for the Highlander, Prius, Sequoia, Solara and Tundra, in the J.D. Power and Associates 2009 Vehicle Dependability Study, Canadian Driver reports.**

METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

# Traverse in right direction

JIM ROBINSON
for Metro Canada

**GM is supposed to be going away from the minivan, but is it really?**

New to the Chevrolet lineup is the 2009 Traverse CUV. While Traverse shares much with the Buick Enclave and Saturn Outlook, Chevrolet's version looks more like a 4X4 SUV when it is, in fact, a minivan.

And that's the clever part of the Traverse. It has all the seven- or eight-seat passenger utility of a minivan, while having that rugged SUV look that remains in vogue these days.

There are four models (LS, 1LT, 2LT, LTZ) separated primarily by trim. All four share one engine, GM's ubiquitous 3.6-litre V6 with variable valve timing. In the LZ/1LT/2LT it produces 281 hp and 266 lb/ft. The topline LTZ gets a slight boost in power to 288 hp.

The Traverse has a six-speed automatic transmission and comes standard in front-wheel-drive (FWD) or optional all-wheel-drive (AWD).

Fuel consumption on the 1LT FWD as tested is 12.7L/100 km (22 mpg) city and 8.4L/100 km (34 mpg) highway. The Traverse will tow up to 2,041 kg (4,500 lb).

With four-wheel independent suspension and four-wheel disc brakes, the Traverse 1LT comes standard with anti-lock brakes and StabiliTrac, GM's take on stability control.

A battery of airbags is standard, as is front and rear air conditioning, cruise control, power locks and windows with lockout protection, tilt/telescope steering wheel, and eight passenger seating with second row "Smart Slide" flat folding 60/40 seats and third row 60/40 folding bench seat.

What people in the back row will love are the three vents at floor level that send hot or cold air to the feet. For those who have ever travelled to hockey practice in the back row of a minivan, this is a godsend.

Eight-passenger seating is standard on the LS and 1LT and optional on the 2LT. On the 2LT and LTZ (optional on 1LT) second row captain's chairs are fitted for seven-passenger seating.

The base LS pricing starts at $36,260 with the 1LT at $37,255. Starting price for the 2LT is $41,860 and the LTZ is $50,250.

Depending on model, there are a number of options like three entertainment systems in addition to the standard AM/FM/MP3/CD with six speakers. At the top of the option chain are heated/cooled perforated front leather seats and a dual sunroof.

### 2009 Chevrolet Traverse

**Type:** Full-size CUV
**Price:** $37,255 as tested
**Engine:** 3.6L V6
**HP:** 281
**Torque:** 266 lb-ft

### Highlights

- Minivan space, SUV looks
- Plenty of options

It looks like a full-size sport utility truck, but the 2009 Chevrolet Traverse is more like a minivan with seating for up to eight plus a choice of front- and all-wheel-drive.

What is noticeable is how the engine and six-speed automatic respond. GM could have got away by using its tried-and-true four-speed but they didn't.

Not only does the Traverse get off the line more smartly, you notice at normal highway speeds there is no hunting up or down for the right gear and this is particularly true in cruise control mode.

And while this not a true truck, the higher seating position goes give a great view of the road ahead.

With the time and effort it is putting into Chevrolet, you have to say GM is starting to Traverse its troubles and is emerging with a whole string of world class vehicles to come.

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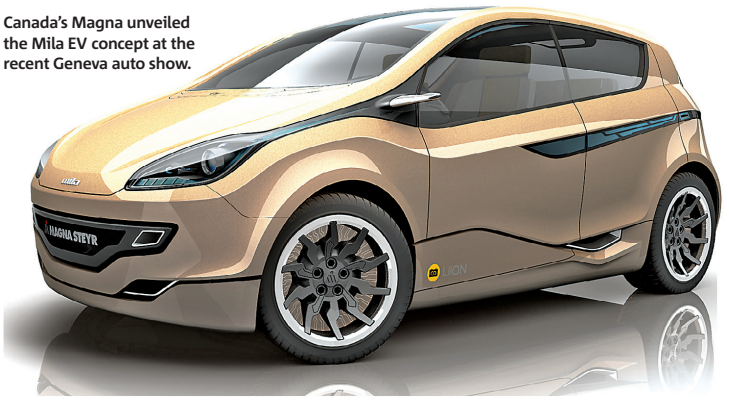
*Base MSRP of $18,260/$23,335/$24,835 for new 2009 Jetta City / Jetta 2.5 / Jetta Wagon with manual transmission. Freight and PDI of $1,360 included. License, insurance, registration, any dealer or other charges, options, and applicable taxes are extra. Dealer may sell for less. MSRP of new 2009 Jetta City as shown with Siata accessory wheels is $20,528. MSRP of new 2009 Jetta 2.5 as shown with options and accessories is $24,670. MSRP of new 2009 Jetta Wagon Highline as shown is $31,158. **Limited time finance offer available through Volkswagen Finance, on approved credit. 0% financing available on new 2009 Jetta City / Jetta 2.5 / Jetta Wagon gas models only. MSRP of $18,260/$23,335/$24,835 for new 2009 Jetta City / Jetta 2.5 / Jetta Wagon financed at 0% APR for up to 36 months equals $508/$649/$690 per month. Down payment or equivalent trade-in, due at signing, may be required. Cost of borrowing is $0 for a total obligation of $18,260/$23,335/$24,835. Freight and PDI of $1,360 included. PPSA, license, insurance, registration, dealer charges, options, and applicable taxes are extra. Dealer may sell for less. Offer ends March 31, 2009 and is subject to change or cancellation without notice. Dealer order/trade may be necessary. Supplies are limited. See dealer or visit vw.ca for details. †For more information see GreenCar.com. ††Up to $750 rebate for recent college or university graduates. Certain conditions apply. "Volkswagen", the Volkswagen logo and "Jetta" are registered trademarks of Volkswagen AG. "TDI Clean Diesel", "Das Auto & Design" and "Jetta City" are trademarks of Volkswagen AG. "Green Car Journal" and "Green Car of the Year" are registered trademarks of R. J. Cogan Specialty Publications Group, Inc. © 2009 Volkswagen Canada.

# Green thinking driving Magna


Canada's Magna unveiled the Mila EV concept at the recent Geneva auto show.

MARK ATKINSON
for Metro Canada

EarthHour

**Perhaps the most amazing thing about modern vehicle assembly is that there's really very little of the vehicle itself manufactured by the manufacturer. For example, when the Ford Model T was introduced in 1908, everything on the car was produced at one of Ford's factories. Even the steel for the body and engine was smelted on site.**

Today, it's the suppliers on whom the auto industry is built upon; everything from sparkplugs to seats comes straight from a supplier. It makes sense for automakers to purchase these parts from elsewhere, especially when there are huge quality improvements and cost savings involved; if a power-window switch can be made for less money and last longer, that's a win-win in anyone's books.

But what happens when a supplier decides it wants to build a car? That's been the case for Aurora, Ont.-based Magna International, one of the world's largest automotive suppliers.

Magna is edging closer to the role of not only of automaker, but an environmentally conscious one at that. This Canadian corporation is aiming to become the world's leader in electric cars.

While there's plenty of green growing from Canadian soil with companies like ZENN and Electrovaya going for the low-speed electric market, Magna's aiming for higher ground, and its size gives it advantages that the others can only dream of.

Announced at January's Detroit auto show, the first signal was a partnership with Ford, which both companies hope will culminate in a brand-new battery-electric vehicle (BEV) by 2011.

Ted Robertson, chief technical officer and executive vice-president of new product creation for Magna, explained that the deal took over two years to put together, and that Magna is responsible for supplying the "BEV electric traction motor, transmission, motor controller, energy storage system [batteries], battery charger and related systems. Magna will also share in the engineering responsibility to integrate the electric propulsion system and other new systems into the vehicle platform architecture."

"Magna is a world-class automotive supplier that's an ideal partner for our BEV," said Nancy Gioia, Ford's director of sustainable mobility technology.

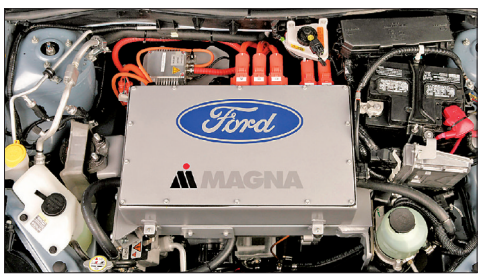
The next step came when Magna showed off its Mila EV concept car at the Geneva Auto Show recently.

Robertson is quick to point out that they're still two separate programs, and that the Mila could potentially be "sold" to another automaker.

"Without getting into specifics, we can say that the Mila EV does provide a preview of some technologies that could ultimately be used in the Ford BEV. Both projects make use of multiple Magna operating groups, and we share the synergies and lessons learned that go along with the collaborative efforts. While the Mila is a concept vehicle and the Ford BEV is scheduled for production in 2011, it's of great value to Magna to be able to learn from both projects and share the experiences amongst our global teams."

Robertson explains that Magna's "green" strategy includes "developing components and systems for hybrid electric vehicles, plug-in hybrid vehicles and battery electric vehicles."

Magna is also aiming to "reduce vehicle mass through lighter-weight components and source recycled/recyclable materials. We are actively addressing the need for immediate fuel-efficiency requirements as well as balancing the longer-term environmental goals," Robertson added



Magna and Ford have joined hands to build a brand new platform for battery-electric vehicles.

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*Offer valid until April 27, 2009, see stores for complete details.

# In the name of safety

AutoPilot

Michael Goetz

metronews.ca/autopilot

I guess I should have been researching something about the looming economic ice age, and how to survive it. But once again I was perusing the Hammacher Schlemmer online catalogue for gadgets and bizarre stuff.

My all-time favourite? Safe-T Man, the inflatable torso with head and arms, that you prop up in the passenger seat, to give the impression you're not travelling not alone, but with a mean-looking, unshaven dude.

Anyways, one of their new gadgets is the Activity Reporter, which is basically a magnetic USB drive with a GPS radio.

Hide it in the car somewhere for a few weeks, then download its data into a PC, and presto, you'll know where your teenagers have been sneaking with the family car, and how fast they were driving. The data can even be examined using Google Earth.

With GPS and cellular and computer chip technologies being so ubiquitous, and now so tiny, there is, and will be, no end of new ways to stick them in automobiles. So we're going to be seeing lots of these parental aids coming on the market.

One of the more noteworthy ones will be Ford's MyKey, which debuts as standard equipment on the 2010 Ford Focus.

Parents can program the key to limit the vehicle's top speed and audio volume. It can also provide more incessant "buckle up" warnings, and for chimes to go off at certain speeds (like 80, 100, and 120 km/h).

Does this sound like too much big brother?

It's hard to argue against initiatives when they're in the name of safety, especially for inexperienced teenage drivers.

But I have a concern: We have to be aware that these controls will be fighting some powerful and necessary forces of nature. All humans crave free will, experimenting, and getting away with things (like not being eaten by a lion).

This is part of how we evolved to get so clever, and why we have all that room in our craniums — it needs to be filled with learning experiences, like eat dirt, get sick, don't eat dirt again.

So I say let's keep the kids safe with technology, but let's leave them some dirt to eat.

Because real, thinking people, who learn from experiences and gradually understand consequences, are always preferable to one-minded Safe-T People.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

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**Rebuilding Iraq**
Iraq is banking on tourism as a sector that will help it rebuild after years of bloodshed and rife kidnapping drove Westerners away. The country already attracts thousands of religious tourists. REUTERS

# Travel

**The world's economic slowdown has reduced your odds of losing a bag the next time you fly, an industry group says.**

REUTERS

**Here's why**
New fees to encourage passengers to travel with less and lighter baggage have also reduced the number of bags being loaded onto the wrong flights and conveyer belts.

TRAVELDESK@METRONEWS.CA

# An island rises out of the ashes

**DAVID WHITLEY**
for Metro Canada

**Gingerbread Hill would have to be one of the strangest guesthouses on the planet.**

It's tucked down the hill off a little side road branching out from Montserrat's main thoroughfare; goats amble across the driveway with impunity and the early morning wake-up call comes courtesy of the cockerels. A gate leads to a rough pathway leading up to a cemetery, and from that gate there is a spectacular view of the hillsides, gullies and the Caribbean Sea.

It doesn't seem so much a guesthouse as a family home in the countryside, and that alone is enough to make for an experience far removed from the stereotypical Caribbean vacation. But this guesthouse also happens to be the best place to immerse yourself in the spectacular, terrifying story of the 1995 volcanic eruption that doused much of the island.

Gingerbread Hill is run by the Lea family — or the FamiLea, as they like to call themselves. They're American refugees, having decided to leave home when their favourite hippie haunts such as Boulder and Key West started yuppifying.

As they tell it, they wanted to live someplace their children could "grow up a little slower, have a treehouse and a rope swing" and they could "pick fruit off the trees."

David and Clover originally came out to the island as missionaries, but cut the church ties early. David worked as the prison chaplain, ran a youth centre and embarked on a television career selling feel-good programs across the Caribbean. Meanwhile, they gradually did up their house in what was — at the time — the middle of nowhere.

And then the Soufriere Hills volcano erupted. The southern part of the island was evacuated, scientists and media crews arrived in droves, and the Leas were asked if they could help out by putting someone up. They did, and that was the beginning of their guesthouse. There are now four accommodation options, ranging from a surprisingly well equipped backpacker room to a fantastic suite with full kitchen and rooftop sundeck.

**"For the visitor, there's the chance to see things that cannot be seen anywhere else on earth. The views of the buried capital, Plymouth, are genuinely extraordinary."**

What's more, the family members are more than happy to talk about the island's experiences, and will even organize tours to spots within the exclusion zone if you wish to go behind enemy lines and see spectacular valleys of pure ash and mud.

DAVID WHITLEY/FOR METRO CANADA

Soufriere Hills volcano, seen from the Montserrat Volcano Observatory, erupted in 1995.

Montserrat is slowly getting back on its feet, although the volcano is still highly active. For the visitor, there's the chance to see things that cannot be seen anywhere else on earth.

The views of the buried capital, Plymouth, from either the hilltops or on a boat from the sea are genuinely extraordinary — it is almost entirely buried, aside from a few rooftops sticking out above the debris. The island's real asset, however, is its village-like atmosphere. Everyone knows everyone, and newcomers are welcomed in instantly. Drop by at a local bar for a beer, and you'll be caught up in conversation or a game of dominos in no time.

It's an attitude that Gingerbread Hill typifies. It's nothing like the standard Caribbean beach resort, and it's all the better for it. Montserrat is something completely, brilliantly different.

## Getting there

- To get to Montserrat, you need to get a flight with WinAir, fly-winair.com, from nearby Sint Maarten or Antigua.
- Rooms at Gingerbread Hill, volcano-island.com, start at $45 US a night for the backpacker special. The Heavenly Suite costs $125 a night.

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**Johnson on Quest for role**

Dwayne Johnson insists there is "no one else" who can take on the part he wants in The Adventures of Jonny Quest, The wrestler-turned-actor is desperate to land the role of special agent Roger (Race) Bannon in the live-action adaptation. FEMALEFIRST.CO.UK

# Entertainment

**Letterman & wife**

And the No. 1 thing to do in Montana: Get married. David Letterman said Monday that he married longtime girlfriend Regina Lasko, before a justice of the peace March 19 in Choteau, Mont. PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

# New artists shine

## Junos put spotlight on up-and-coming musicians

ROB MCMAHON
for Metro Canada

Canada's Music Awards
JUNO Awards

**Despite their recent introduction to the Juno stage, many of this year's new group of the year nominees have been hard at work for years in local bars, festivals and production studios.**

Guitarist-vocalist Warren Spicer from Montreal-based, sprawling retro rockers Plants and Animals said his band has played together for seven years — despite only just releasing their full-length debut. During their incubation period, they carefully crafted Parc Avenue, an intricate, proggy roots-rocker that garnered nominations for a Polaris Music Prize and two Junos (new group of the year and best alternative album).

"(With Parc Avenue) we had no deadlines of any kind at all, and that allowed us to work at our own pace. I think that's the strength of it," he said. "(I think) it was good to let things take their time ... (when crafting the album, since) you notice things you weren't able to detect right away."

Beast's Jean-Phi Goncalves felt the same way. He and vocalist Betty Bonifassi have worked in the industry for two decades: Goncalves as a producer for artists like Lauryn Hill and Bonifassi as a vocalist on projects like the animated film Triplets of Belleville. But unlike Plants and Animals, they developed their craft independent of each other, and played their first show together just a year ago at the Montreal International Music Initiative Awards.

The Stills, above, and Beast, right, are among the nominees for the Juno (Sunday at 6 p.m. on CTV) for new group of the year.

"We say this album took us 20 years to make ... since everything we've ever learned in music and in life we put together in making this album," said Goncalves. "We found it even more flattering and unexpected to see our nomination since we only released the record at the end of November — so we only had one-and-a-half months to prove it (was good)."

The big-beat inflected trip-hop duo's hard work will pay off Sunday, when the pair join fellow new group of the year nominees The Stills, Cancer Bats and Crystal Castles in Vancouver — coincidently the day after Plants and Animals wraps up its tour.

"It's a nice way to end a tour," said Spicer. "The Junos was definitely something we didn't expect — to be up there with Canadian rock royalty ... I think it's great that the Junos recognize the independent indie labels, since that's where a lot of the talent is now."

This year's new artist of the year nominees include Jessie Farrell, Crystal Shawanda, Kreesha Turner, Lights and Nikki Yanofsky.

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# Madsen enticed by spooky script

STEVE GOW
for Metro Canada

**You might not think it to look at the Oscar-nominated actress, but Virginia Madsen is actually a big fan of scary movies. And there's a reason why.**

"I'm attracted to ghost hunters and Bigfoot and UFO footage; all that stuff just absolutely fascinates me," admitted Madsen during a recent interview in Vancouver. "I'm just naturally attracted to it. With cellphones and iPhones and all of our new gadgets, I think pretty soon, you're not going to be able to deny that it exists."

Well, whether or not you believe in aliens or the Sasquatch or haunted houses, there's no denying the Sideways star's unequivocal dedication to trying to track down a good ghost story. Madsen insists her latest thriller, The Haunting in Connecticut (which opens in theatres this Friday), was the first truly spooky script she had read in 10 years.

ALLEN FRASER

Virginia Madsen stars as Sara in The Haunting in Connecticut.

"By page three or four, I was invested in the mother and son," said Madsen, who is a mother to a teenaged son herself. "A lot of times, they don't give (characters) a lot of time in a horror film (to develop) so I just loved the script."

The script in question examines a series of horrific events that encounter a family struggling not only with their ailing child, but with an old Victorian home that unleashes a paranormal terror upon its new residents. Based on a real story that producer Andrew Trapani first discovered in 2003, The Haunting in Connecticut is only heightened by its powerful authenticity.

"That's what attracted me to the project," said co-star Amanda Crew (Sex Drive). "It's one of those horror stories that I always like because, not only is it realistic, but you know that it's actually happened."

"The story becomes more frightening when you're invested in the people," added Madsen. "When you're dealing with things that might be under your bed or might be in the mirror or maybe could be in your house, of course it plays on our deepest childhood fears so it's really going to get you on a deeper level."

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**Pumpkins stay together**
Smashing Pumpkins will continue without Jimmy Chamberlin. Frontman Billy Corgan insists the group intends to go forward with its plans to tour and record another album, despite the drummer's departure. FEMALEFIRST.CO.UK

# The runway shuffle

## Two Project contestants return, two others get eliminated

RAFAEL BRUSILOW
for Metro Canada

**Last night's Project Runway Canada episode was a double-shocker as two previously eliminated designers came back and two more got sent home.**

The contestants were dragged out to a camping ground where designers Jason Meyers and Genevieve Graham, who had already been cut in previous episodes, crawled out of tents to reveal that they had been reinstated on the show, with a catch: They had to win the next challenge or get sent home again.

Designers were split into teams of two and asked to use camping gear like tents, sleeping bags and backpacks to create one avant-garde design and one ready-to-wear dress.

Calgary designer Adejoke Taiwo and Vancouver designer Kim Cathers teamed up but got cut despite judges calling Taiwo's sleek and sexy dress her best work on the show.

Designer Adejoke Taiwo

The soft-spoken Taiwo, 25, says the competition was stressful but despite the hardship she's glad she did it, though getting sent home on what the judges themselves said was her best design yet was painful.

"I did the best job I could on every single challenge. If (the judges) don't want to see me flourish, that's their loss," Taiwo said.

She says she's happy that she didn't bomb out in any of the design challenges and kept to her unique style throughout the competition.

"Before I went, I just thought, 'I don't want to design anything too ugly!' I feel like my designs stood out from the others," she said.

Cathers, 29, seldom shied away from expressing her abrasive opinions about the other designers, though she now wishes she had voiced her frustrations less openly, at least on-camera.

"Obviously I'm the bitch on the show. In retrospect, maybe I could have kept the sharp tongue under wraps more," Cathers said.

She doesn't feel the show portrayed her unfairly, although she does wish her softer side could have gotten more screen time.

**"If (the judges) don't want to see me flourish, that's their loss."**
Adejoke Taiwo, designer

"I did say all those things, I did act quite abrasively, but they didn't show all the laughing, all the jokes. I can be a bitch but I can also be hilarious," Cathers said.

From wonky seams to iffy fabric cuts, Cathers' weaker construction skills often didn't live up to her creative ideas.

"My weaknesses and strengths really divided themselves — construction is not my strongest skill but I'm a really good conceptual designer," Cathers said.

## Twilight sequel finds actors

FILM Summit Entertainment has brought on a cast of American Indian actors to star in the werewolf- and vampire-themed New Moon, the sequel to Twilight.

The studio has hired Chaske Spencer, Bronson Pelletier, Alex Meraz, Kiowa Gordon and Tyson Houseman to form the ensemble Wolf Pack, who in Stephenie Meyer's novel take the side of the humans in their fight against the evil breed of vampires. All five will make their big-screen debuts in the film.

HOLLYWOOD REPORTER

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## In brief

FILM Tom Selleck, Catherine O'Hara and Martin Mull have joined the cast of Five Killers, an action comedy that stars Ashton Kutcher and Katherine Heigl. The Lionsgate project is being directed by Robert Luketic (21). Filming starts this month in France and Atlanta for a June 4, 2010, release. The story follows a hit man (Kutcher) at the top of his game who falls for a computer technician (Heigl) and decides to hang up his guns.

VIDEO China is not afraid of the Internet, its Foreign Ministry said Tuesday, even as access to the popular video sharing site YouTube appeared to be blocked. YouTube has been unavailable for users in China, which filters the Internet for content critical of Communist Party rule, since late Monday.

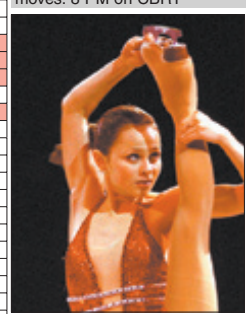
REUTERS

Kenya's Style
Kenya Hunt
Read the blog at metronews.ca/kenyasstyle
For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

| CA | Vu | SC | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 3/25/09 primetime | 267 | 351 - ACCESS | Alberta Primetime (Live) | | Law & Order (HDTV) (N) | | America's Next Top Model (N) | | Lost "He's Our You" (N) | | Primetime |
| | 243 | 317 3 CFCN | etalk | Hollywood | CSI: NY (HDTV) (N) | | American Idol (HDTV) | | | | News (N) |
| | - | - 4 OMNI | Two/Half Men | The Simpsons | News | | News | | The Simpsons | King | Metropia |
| | - | 371 5 KXLY | 4 News at 6 | 4 News at 6:30 | Entertainment | The Insider (N) | Scrubs | Better Off Ted | Lost "He's Our You" (N) | | Life on Mars |
| | 245 | 306 6 CBRT | Coronation St. | Jeopardy! (N) | Stars on Ice | | Being Erica (N) (DVS) | | CBC News: The National | | The Hour |
| | 244 | 338 7 CICT | ET Canada | Entertainment | (8:02) Life on Mars | | Survivor: Tocantins (N) | | Lie to Me | | News Hour |
| | 246 | - 8 CKAL | Law & Order: SVU | | Murdoch Mysteries | | The Chopping Block (N) | | Nip/Tuck "Ricky Wells" | | Your City |
| | 119 | 705 9 CBXFT | Virginie (SC) | L'Épicerie | Le Match des étoiles (N) (SC) | | Les Invincibles (N) (SC) | | Le Téléjournal et Les Nou | | TJ Alberta |
| | - | - 10 SHAW | (6) Local Programming | | | | | | Local Programming | | |
| | - | 372 12 KREM | News (N) | Hollywood | The Doctors | | Survivor: Tocantins (N) | | Criminal Minds (N) | | CSI: NY |
| | - | 374 14 KSPS | NewsHour With Jim Lehrer | | Great Performances "King Lear" (HDTV) (N) | | | | | | Roger Moore |
| | 502 | 390 15 CBC | CBC News: The National | | I, Psychopath (N) | | CBC News: The National | | CBC News: The National | | I, Psychopath |
| | - | 370 16 KHQ | News (N) | Be-Millionaire | Jeopardy! (N) | Wheel-Fortune | The Chopping Block | | Life "5 Quarts" (N) | | Law & Order |
| | - | 373 22 KAYU | The Simpsons | Raymond | Two/Half Men | Two/Half Men | American Idol (HDTV) | | | | News (N) |
| | 297 | 652 37 WPIX | 90210 (HDTV) | | PIX News at Ten Tong. | | Two/Half Men | Friends | Sex and City | According-Jim | Frasier |
| news | 500 | 500 29 CNN | Larry King Live (N) | | Anderson Cooper 360 (HDTV) | | | | Larry King Live | | Cooper 360 |
| | 508 | 502 31 CNN2 | Lou Dobbs Tonight | | Nancy Grace | | Showbiz Tonight | | Lou Dobbs Tonight | | Nancy Grace |
| sports | 400 | 400 21 TSN | NHL Hockey | | SportsCentre (HDTV) (Live) | | | In This Corner | Boxing Nate Campbell vs. Ali Funeka. | | |
| | 408 | 418 27 net | Best Damn Sports Show | | Billiards: U.S. Open Nine-Ball | | Hockey Central | Skiing | Sportsnet Connected | | Ult. Fighter |
| | 410 | 403 30 SCORE | Basketball | Score Tonight | | NBA Basketball Utah Jazz at Phoenix Suns. (Live) | | | | | Final Score |
| | 411 | 457 44 OLN | Mantracker | Mantracker | Bounty Hunter | Bounty Hunter | Survivorman | | Mantracker | Mantracker | Bounty Hunter |
| | 417 | 406 48 SPEED | Pinks (HDTV) | Drag Race | Drag Race | Wrecked | Pimp My Ride | Pass Time | Pinks Outtakes | Pinks Outtakes | Pinks (HDTV) |
| family | 552 | 543 20 YTV | Drake & Josh | iCarly | In Real Life (N) | | Malcolm-Mid. | Futurama | Karaoke Star Junior | | Falcon Beach |
| | 557 | 541 39 FAM | Zoey 101 | Life Derek | Wizards-Place | Han. Montana | Zack & Cody | Latest Buzz | Wizards-Place | Life Derek | Ned's School |
| | 555 | 545 67 TOON | Ben 10 | Johnny Test | Totally Spies | Total Drama | 6TEEN | 6TEEN | Futurama | American Dad | Robot Chicken |
| | 575 | 583 11 CMT | Reba | Reba | Hope & Faith | Hope & Faith | Three Chords | Sessions | Home Improve. | Home Improve. | Reba |
| | 553 | 546 17 TREE | Little Bear | Bucket-Dinos | Big Comfy | Big & Small | Max & Ruby | Babar | Backyardigans | Dora-Explorer | Go, Diego, Go! |
| | - | - 18 CHTV | The Insider (N) | E! News | Running Heels | | Knight Rider (N) | | Janice Dickinson Modeling | | News (N) |
| | 505 | 398 19 TWN | (5) EarthWatch One | | EarthWatch One | | EarthWatch Two | | | | |
| | 602 | 568 23 W | Style by Jury | Style by Jury | Will & Grace | Friends | Grocery | Grocery | Supersize vs. Superskinny | | Stuck (N) |
| | 521 | 560 24 TLC | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate |
| | 603 | 561 25 FOOD | Iron Chef America | | Ultimate Recipe Showdown | | Restaurant Makeover | | Challenge | | Iron Chef Am. |
| | 615 | 520 26 A&E | Dog the Bounty Hunter | | Bounty Hunter | Exterminators | Exterminators | Exterminators | Bounty Hunter | Bounty Hunter | Bounty Hunter |
| | 617 | 522 32 SHOW | Wife Swap | | The Outer Limits | | Cashing In | About a Girl | G-Spot | Cock'd Gunns | Big Love |
| | 601 | 562 33 SLICE | End of Leash | End of Leash | Kimora: Fab | Kardashians | ET Canada | Til Debt-Part | Real Housewives OC | | Trading Sp |
| | - | 633 34 ENC2 | *The 'Burbs* | *Death Weekend* ★ (1977, Suspense) | | | *The Shining* ★★★ (1980, Horror) Jack Nicholson, Shelley Duvall. | | | | |
| | 520 | 505 35 DISC | Deadliest Catch | | Mayday "Dead Weight" | | Daily Planet | | MythBusters | | Dirty Jobs |
| | 620 | 523 36 BRAVO | Wingfield | Wingfield | Death at Opera | Broadway | Law & Order | | Without a Trace | | *Richard III* |
| | 294 | 650 40 WPCH | (6) *Spider-Man* ★★★ (2002, Action) | | | Seinfeld | Family Guy | Family Guy | *Spider-Man* ★★★ (2002, Action) | | |
| | 626 | 547 41 COM | Laughs | Comedy Now | Air Farce | Just for Laughs | | Corner Gas | The Simpsons | South Park | Jon Dore Show |
| | - | 539 42 TCM | (6) *Santa Fe Trail* (1940) | | *The Bad Man* (1941, Western) | | (9:15) *Hellcats of the Navy* (1957, War) | | | (10:45) *Desperate Journey* | |
| | 628 | 584 43 SPIKE | UFC Fight Night | | | | Ways to Die | Ways to Die | CSI: NY "YoungBlood" | | Disorderly |
| | 522 | 516 45 HIST | Outlaw Bikers | | NCIS "Call of Silence" | | Outlaw Bikers | | Ice Road Truckers | | NCIS |
| | 627 | 528 46 SPACE | Primeval | | Stormworld (N) | Grand Star | Stargate SG-1 | | Star Trek: Next Gener. | | Trek: Voyager |
| | - | - 47 AMC | (6) *Halloween* (1978, Horror) | | *Halloween 4: The Return of Michael Myers* (1988, Horror) | | | | Breaking Bad (HDTV) | | *Gentlemn-Blnd* |
| cable variety | 619 | 525 49 TROP | What Happen? | What Happen? | Vanity Insanity | Ad Persuasion | Ad Persuasion | Seinfeld | Seinfeld | Raymond | Family Guy |
| | 600 | 564 50 HGTV | Property Virgin | Unsellable | Hid Potential | Really Big Flip | Holmes on Homes | | Property Virgin | Unsellable | Mansions |
| | 501 | 391 52 CTV | CTV Newsnet | | News | CTV Newsnet | News | CTV Newsnet | News | CTV Newsnet | News |
| | 504 | 508 70 BNN | Squeeze Play | | Market Call | | Headline | Market Call | Commodities | Business News | Squeeze Play |
| | 526 | 507 92 VIVA | Medium "Light Sleeper" | | Mediums | Psychic Detect | Mediums | Encounters | Judging Amy | | Medium |
| | 269 | 350 93 APTN | APTN National News: Contact Post-secondary students. | | | | Canadian Geographic | | Miywayawin | Find. Our Talk | Wings-Canada |
| | - | - 94 MCP | (6:30) News | News | Eight Heroes | Mom's-Upset | Van. Nights | Iranian Pop | Sabor Latino | | Sabor Musical |
| | 571 | 581 100 MMM | Confessions of a Teen Idol | | Confessions of a Teen Idol | | Revival | Back In | Party of Five | | Confessions |
| | 570 | 580 101 MM | Buck Naked | Exposed | Video on Trial | Video on Trial | PunchMuch | | America's Best Dance Crew | | |
| | 581 | 566 102 MTV | The Real World | | The Real World (N) | | MTV Live | After | Fantasy Fact. | Nitro Circus | Real World |

## critics' corner

**Stars on Ice**
This figure skating special is an international affair, but Canada is well represented by newly minted world champion Jeffrey Buttle and four-time world champ Kurt Browning and 2002 Olympic gold medal-winning pair Jamie Sale and David Pelletier. Olympic silver medalist Sasha Cohen also shows her moves. 8 PM on CBRT



**NBA Basketball**
After being among the best of the West the past several years, Shaquille O'Neal and the Phoenix Suns now find themselves on the outside of the postseason picture looking in as the season winds down. And tonight's game in Salt Lake City against Carlos Boozer and the Utah Jazz could help determine whether the Suns pack their bags for the playoffs or go home come April. At this writing, Phoenix was two games out of the No. 8 berth and three behind the Jazz. 8:30 PM on SCORE

**GaGa for John Lennon**

Lady GaGa wishes she was alive in the '60s, saying: "I might be arguing with Yoko Ono and trying to win John Lennon's heart and chasing The Beatles in a bus on LSD, hoping that one of them hands me a microphone one day." FEMALEFIRST.CO.UK

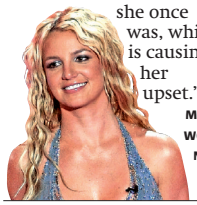
# Celebrity Buzz

## No laughs over Britney fat jokes

**PEOPLE** Britney Spears' confidence is reportedly being shaken by criticism about her figure. According to Heat magazine, some have been calling her "Bulky Spears" and "jelly belly," and the jibes aren't sitting well with her.

"Britney has been upset by some of the negative feedback she's been getting," a source tells the magazine. "She's worked so hard on her figure and her fitness.

"She thought she was an unstoppable force, but now it's dawning on her that she's not as revered as she once was, which is causing her upset." METRO WORLD NEWS

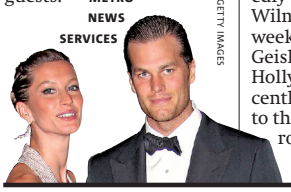


## Gisele and Tom's wedding, part 2

**MARRIAGE** After quietly marrying on a Thursday in February, Tom Brady and Gisele Bündchen are going to do it again — with a few more people on the guest list, people.com reports.

The newlyweds have invited friends, family, Brady's New England Patriots teammates and Bündchen's model pals to Costa Rica for a dinner on Friday, April 3, followed by a Saturday replay ceremony and reception, sources say.

It will be considerably bigger than the first ceremony, attended only by Brady's son and a few guests. METRO NEWS SERVICES



GETTY IMAGES

# Limelight affects Lindsay

**PEOPLE** Make no mistake; all that time in the unsolicited spotlight hasn't left Lindsay Lohan unscathed, eonline.com reports.

The frequently hounded star has spoken out exclusively to E! News, relaying that the incessant public speculation over the status of her sobriety, the healthiness of her bank account and, perhaps most of all, her relationship with Samantha Ronson has indeed taken a toll.

"They need to stop saying we're fighting," she said of the media's fixation on the ups and downs of her love life with Ronson.

"People telling lies about me to her and all this garbage. I'm really a good person and I have a good heart and just want to work and the only reason I go to clubs is to hear Samantha spin or be normal."

Lohan urges people not to believe everything they read.

"I don't drink, I don't do drugs and I don't lie," she said. "I love to act and write and be creative and I want to help people by playing characters that can send a positive message out to whomever may need it." METRO NEWS SERVICES

# Jacko's Harry Potter fanaticism

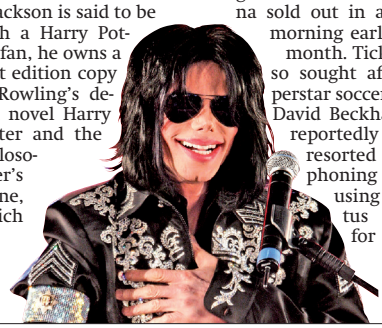
**PEOPLE** Michael Jackson has invited stars of the Harry Potter films to the opening night of his This Is It shows, femalefirst.co.uk reports.

The three main stars from the wizard franchise — Daniel Radcliffe, 19, Emma Watson, 18, and Rupert Grint, 20 — have reportedly been offered all-access passes for Jackson's farewell residency at London's O2 arena in July.

"Michael is a huge fan of the Harry Potter books and films," a source told Britain's The Sun newspaper. "He was utterly enchanted by the magic of J.K. Rowling's novels and owns all the movies and he has bought memorabilia for his collection."

Jackson is said to be such a Harry Potter fan, he owns a first edition copy of Rowling's debut novel Harry Potter and the Philosopher's Stone, which is worth more than $20,000 US.

Around 750,000 tickets for Jackson's record-breaking 50 shows at the O2 arena sold out in a single morning earlier this month. Tickets are so sought after, superstar soccer player David Beckham has reportedly even resorted to phoning up and using his status to ask for passes. METRO NEWS SERVICES



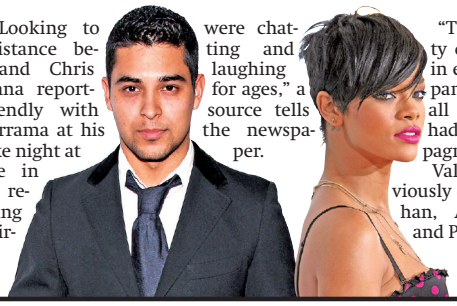
# Rihanna rebounds with Wilmer?

**RELATIONSHIP** Looking to put some distance between her and Chris Brown, Rihanna reportedly got friendly with Wilmer Valderrama at his weekly karaoke night at Geisha House in Hollywood recently, according to the Daily Mirror.

"They were chatting and laughing for ages," a source tells the newspaper.

"They looked pretty cozy and relaxed in each other's company. Wilmer was all charm and even had a bottle of champagne for Rihanna."

Valderrama has previously dated Lindsay Lohan, Ashlee Simpson and Paris Hilton. METRO WORLD NEWS

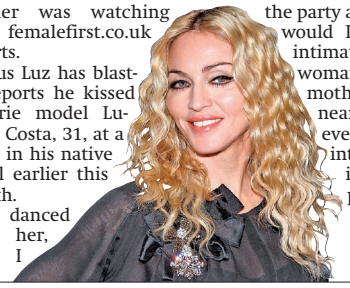


# I didn't cheat: Jesus

**PEOPLE** Madonna's boyfriend insists he didn't cheat on her — because his mother was watching him, femalefirst.co.uk reports.

Jesus Luz has blasted reports he kissed lingerie model Luciana Costa, 31, at a party in his native Brazil earlier this month.

"I danced with her, but I danced with everyone at the party," he said. "My mother was at my side at the party and never would I become intimate with a woman if my mother was nearby — even if I was interested in that person." METRO NEWS SERVICES

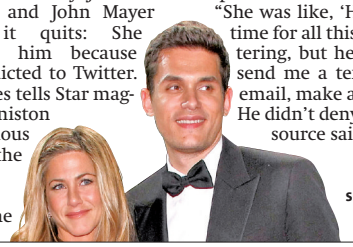


## Was Twitter final straw for Jen?

**BREAKUP** Here's another theory as to why Jennifer Aniston and John Mayer called it quits: She dumped him because he's addicted to Twitter.

Sources tells Star magazine Aniston was furious that the singer would claim he didn't have time for her but spent time on the site.

"She was like, 'He has time for all this Twittering, but he can't send me a text, an email, make a call?' He didn't deny it," a source said. METRO NEWS SERVICES



# Stop the stalking: David

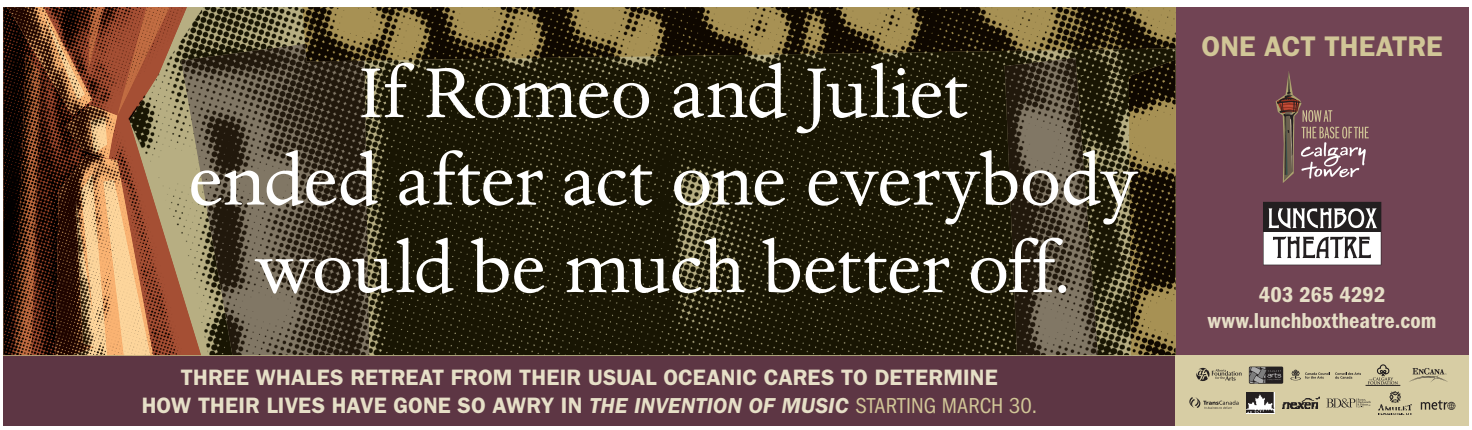
**PEOPLE** Fame has gotten ugly for American Idol David Cook, who pleaded for privacy while on tour, people.com reports.

"The efforts by some fans to find our hotel rooms, call our hotel rooms, attach things to our bus, etc., is something I have to condemn," he says on his MySpace blog.

"Should this behavior continue, the only thing we can do is take more preventative measures to maintain our privacy, which in turn makes us less accessible to you." METRO NEWS SERVICES

# LeAnn, hubby put on a show

**PEOPLE** LeAnn Rimes kissed husband Dean Sheremet, and he put his arm around her in front of the paparazzi in L.A. on Monday — days after Us Weekly reported she was having an affair with her co-star Eddie Cibrian. While Rimes has acknowledged she and Sheremet are going through "a difficult time," she has not denied a relationship with Cibrian. METRO NEWS SERVICES

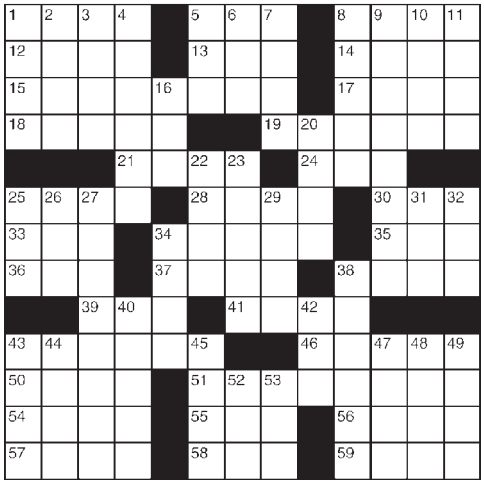


**Today** Snow, clouds -2 C / -8 C
**Thursday** Some clouds 2 C / -12 C
**Friday** Mostly cloudy 5 C / -6 C

BT BREAKFAST TELEVISION

**Andrew Schultz, Weather Specialist – Breakfast Television**
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

# Take Five



## Crossword across

1 Tackles weeds
5 Miss Piggy's pronoun
8 Rough journey
12 Piedmont wine region
13 Curved line
14 Trumpet
15 St. Patrick's Day emblem
17 Dermatology subject
18 McCain's running mate
19 Northerner
21 Settle down
24 Kitten's call
25 Judicial raiment
28 Creme-filled cookie
30 Shade source
33 Actress Mendes
34 Dress
35 Meadow
36 Quarterback Marino
37 Uplifting melody
38 With "down," drop suddenly
39 Mauna —
41 Places
43 Unexpected
46 Bonfire residue
50 Indigent
51 Attendance check
54 Missile shelter
55 Rage
56 Otherwise
57 Building extensions
58 Kimono closer
59 Cabbage salad

## Crossword down

1 Padlocked fastener
2 Job-safety org.
3 And others (Lat.)
4 "Hard as nails," for one
5 Chinese chairman
6 Killer whale
7 Gross
8 Scottish feudal lord
9 "Saturday Evening Post" artist
10 Sea eagle
11 Last word of "Oh! Susanna"
16 Genetic abbr.
20 Wild and crazy
22 Sushi wrapper
23 Whimsically witty
25 Roulette bet
26 Eggs
27 Wad
29 Outside (Pref.)
31 Writer Buscaglia
32 Treasure seeker's aid
34 Envelope feature
38 Early March baby
40 Marks' replacements
42 Western st.
43 Church area
44 Seethe
45 Small combo
47 Corridor
48 "Born Free" lioness
49 Passel
52 Scepter topper
53 Mainlander's memento

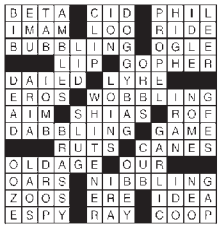
## Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | | | 5 | | | | 8 |
| 6 | | 9 | | 8 | | 1 | | 3 |
| | | 1 | 6 | | 3 | 4 | | |
| 9 | | | | | | | | 4 |
| | | | 2 | | 9 | | | |
| 5 | | | | | | | | 1 |
| | | 5 | 7 | | 6 | 9 | | |
| 2 | | 3 | | 9 | | 6 | | 5 |
| 4 | | | | 3 | | | | 7 |

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 3 | 6 | 5 | 4 | 2 | 7 | 1 | 9 |
| 2 | 5 | 4 | 9 | 1 | 7 | 6 | 8 | 3 |
| 9 | 1 | 7 | 8 | 3 | 6 | 4 | 2 | 5 |
| 7 | 4 | 1 | 6 | 5 | 9 | 8 | 3 | 2 |
| 5 | 6 | 8 | 3 | 2 | 4 | 9 | 7 | 1 |
| 3 | 9 | 2 | 1 | 7 | 8 | 5 | 6 | 4 |
| 1 | 2 | 9 | 7 | 6 | 5 | 3 | 4 | 8 |
| 4 | 7 | 5 | 2 | 8 | 3 | 1 | 9 | 6 |
| 6 | 8 | 3 | 4 | 9 | 1 | 2 | 5 | 7 |

Find today's answers + play more games at metronews.ca

**SUDOKU SOLVE TIME:**
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

## Metro Recipe of the Day

### Classic Grilled Dover Sole

**INGREDIENTS:**
4 small Dover sole (about 1/4 lb/125 g each), cleaned and skinned
2 lbs (1 kg) new potatoes, scrubbed
1 large sprig fresh mint
1 tbsp (15 ml) unsalted butter
finely grated zest and juice of 1 large lemon
1 lb (500 g) baby leaf spinach
Freshly gated nutmeg (optional)
Salt and pepper to taste
Fresh mint sprigs and lemon wedges to garnish

**METHOD:**
1. Preheat broiler to high. Lay fish on top of foil-lined grill pan.
2. In large pot, cover potatoes with boiling water and add sprig of mint. Cook until potatoes are just tender, about 15 minutes.
3. Meanwhile, melt butter in small pot and mix in lemon zest and juice. Season with salt and pepper. Brush the lemon butter over the fish and broil until the flesh close to the bone flakes easily when pierced with a knife, 5¬–6 minutes.
4. While the fish is cooking, steam the spinach until just wilted, 2 minutes. Season with salt, pepper and nutmeg to taste.
5. Drain potatoes and put into warmed serving dish. Add plenty of black pepper, toss gently and garnish with mint sprigs. Transfer sole to warmed plates and spoon over cooking juices from pan. Add lemon wedges and serve.

**SERVES 4**

**rd.ca**
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

## Horoscopes

AVATAR VENUS

**ARIES** ♈
MARCH 21-APRIL 20
You've made an error in judgment. An executive doesn't speak your language. An odd couple talks about changing the world.

**TAURUS** ♉
APRIL 21-MAY 21
Keep track of an amusing competition. Money can be earned the easy way. Make a grab at a big and risky chance.

**GEMINI** ♊
MAY 22-JUNE 21
Cheer up by discussing the dating game. Remarkable pleasure creates a wild diversion. A flaky parent stumbles onto a solution.

**CANCER** ♋
JUNE 22-JULY 22
A conversation eases the pain of unrequited love. An uncommon man shifts gears while debating. You will accomplish great things.

**LEO** ♌
JULY 23-AUG 23
A prudish woman questions your preferences. A nearby object has a strange effect. A guilty person needs medical attention.

**VIRGO** ♍
AUG 24-SEPT 22
A project is suspended by a worried person. The wrong guy is asked to make a job change. More adventures are coming soon.

**LIBRA** ♎
SEPT 23-OCT 23
Spiteful feelings make for an uncomfortable meeting. Your strategy is a controversial topic. Controlling your feelings leads to wonderful news.

**SCORPIO** ♏
OCT 24-NOV 22
A man has a chip on his shoulder. A friend faces a long-awaited response. Some errors are made in good faith.

**SAGITTARIUS** ♐
NOV 23-DEC 21
A loved one's exhaustion will lift. A walk will do wonders for a caring person. Having second thoughts promises a fresh start.

**CAPRICORN** ♑
DEC 22-JAN 20
The arrival of a risk-taking friend causes confusion. Whiny people will avoid doing chores. Helping someone out will bring you a windfall.

**AQUARIUS** ♒
JAN 21-FEB 18
Exhilarating prospects are notable for their thrills. An angry man is forced to have some fun. Some secrets are revealed due to a scandal.

**PISCES** ♓
FEB 19-MARCH 20
A man talks of a viable scheme. You'll get frustrated while on the phone. Be yielding but keep your mind clear.

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HWY: 5.8L/100KM (49 MPG)▲

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HWY: 6.4L/100KM (44 MPG)▲

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[1]Only on the 2009 Versa Sedan 1.6 (B4EG59 AA00), 2009 Versa Hatch 1.8 S (B5LG59 AA00), and 2009 Sentra 2.0 (C4LG59 AA00) models. **MSRP for a 2009 Versa Sedan 1.6 (B4EG59 AA00), manual transmission/ 2009 Versa Hatch 1.8 S (B5LG59 AA00), manual transmission/ 2009 Sentra 2.0 (C4LG59 AA00), manual transmission. ¥Lowest MSRP of any new 2009 Car sold in Canada. $12,498 MSRP for a 2009 Versa Sedan 1.6 S (B4EG59 AA00). Freight and PDE charges ($1,325), license, registration, insurance, duties and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. All prices are subject to change without notice. †Program applies only to purchase finance offers on all 2009 Nissan models (except for the 2009 Nissan GT-R, 350Z and 370Z models) purchased and delivered before March 31st, 2009. Offer does not apply to Nissan Canada Finance standard rate programs. Delayed payment option not available on cash purchase offers. 1st monthly payment occurs at 90 days into finance contract. Contracts will be extended accordingly. Interest charge (if any) will not accrue during the first 60 days of the contract. After the 60 days, interest (if any) starts to accrue and the purchaser will repay the principal and interest (if any) monthly over the term of the contract. Offer available on terms up to 72 months. ††0% purchase financing for up to 36 months available only on all 2009 Versa Hatch, Sentra, Altima Sedan, Rogue and Titan models. Finance Example for a 2009 Versa Hatch 1.8 S (B5LG59 AA00): $15,323 Selling Price, including ($1,325) freight and PDE financed at 0% APR for 36 months equals $286.75 per month with $5,000 down payment. Cost of borrowing is $0 for a total obligation of $15,323. Up to $84 PPSA, license, insurance registration and taxes are extra. ‡Lease Examples: $13,823/ $15,323/ $15,573 Selling Price for a new 2009 Versa Sedan 1.6 (B4EG59 AA00)/ 2009 Versa Hatchback 1.8 S (B5LG59 AA00)/ 2009 Sentra 2.0 (C4LG59 AA00) at 5.9%/ 2.9%/ 3.9% lease rate for a 60/60/60 month term. Monthly payment is $189/ $189/ $189 including ($1,325)/ ($1,325)/ ($1,325) freight and PDE with $950/ $895/ $1,050 down payment, and $0/$0/$0 security deposit. License, registration, insurance, duties and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. All prices are subject to change without notice. Retailer may lease for less. Lease based on a maximum of 24,000 km per year with excess charged at $0.10/km. Total lease obligation is $12,314/ $12,216.31/ $12,392.74. Lease and finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers. Retailers are free to set individual prices. Retailer order/ trade may be necessary. Vehicles may require factory order. Offers valid between March 3rd to March 31st, 2009. ▪Offer applies only to 2009 Versa Hatchback models on 36 to 60 month lease terms. Offer valid between March 3rd to March 31st, 2009. ▲Based on Transport Canada approved test methods. Your actual fuel consumption may vary with driving conditions - use for comparison only. ▲▲$16,898 MSRP for a 2009 Versa Hatch 1.8 SL (B5RG59 AA00/AA10), manual transmission/ $22,598 MSRP for a 2009 Sentra 2.0 SL (C4TG19 AA00), CVT transmission. Destination and PDE charges ($1,325)/ ($1,325), license, registration, insurance, duties and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. All prices are subject to change without notice cannot be combined with any other offers. Retailer may sell for less. [1]WardsAuto.com's Lower Small segment, 2008. 2009 Versa 1.8 vs. 2008 competitors. [2]©2008 AutoPacific, Inc. Ideal Vehicle Award. [3]Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA) New Car Assessment Program (www.safercar.gov). ). U.S. model tested with standard side airbags.